

Hump Day Octameet 2025 - 1/8/2025
Hosted by Mtn Brook HS
Birmingham, Alabama
Meet Program - Running Events

Event 35 Girls 400 Meter Hurdles

Wednesday 1/8/2025 - 4:00 PM

Meet Record: 1:08.50 1/10/2024 Julia Bueche

Lane	Name	School	Seed Time
Section 1 of 4 Finals			
4	86 Seymone McClendon	Hewitt-Truss	1:10.00
5	49 Paulina Alamillo	Hewitt-Truss	1:10.00
6	328 Kate Martin	Mountain Bro	1:10.00
Section 2 of 4 Finals			
4	418 Anna Beth Chapman	Oak Mountain	1:10.78
5	73 Maud Gongora	Hewitt-Truss	1:10.00
6	432 Riley Leckemby	Oak Mountain	1:10.78
Section 3 of 4 Finals			
4	89 Hakimah Muhammed	Hewitt-Truss	1:12.01
5	331 Caroline McLean	Mountain Bro	1:12.00
6	442 Cate Throckmorton	Oak Mountain	1:12.98
Section 4 of 4 Finals			
4	14 Blakeley Margene	Briarwood Ch	1:15.00
5	346 Raina Ulijasz	Mountain Bro	1:14.00
6	343 Stirling Stephens	Mountain Bro	1:15.00

Event 36 Boys 400 Meter Hurdles

Wednesday 1/8/2025 - 4:00 PM

Meet Record: 54.82 1/11/2023 Slate Rohrer

Lane	Name	School	Seed Time
Section 1 of 3 Finals			
4	147 Colby Rankins	Hewitt-Truss	51.12
5	123 Demetri Hall jr	Hewitt-Truss	50.87
6	374 John Hanson	Mountain Bro	58.00
Section 2 of 3 Finals			
4	383 Kian Kelley	Mountain Bro	1:00.00
5	515 Anthony Sanders	Pelham	59.00
6	461 Hobbs Kelly	Oak Mountain	1:02.09
Section 3 of 3 Finals			
4	446 James Alexander	Oak Mountain	1:02.09
5	465 Miller Norris	Oak Mountain	1:02.09
6	459 Wallace Johnson	Oak Mountain	1:02.09

Event 27 Girls 1600 Meter Run

Wednesday 1/8/2025 - 4:00 PM

Meet Record: 4:52.68 1/11/2023 Reagan Riley

Crsplx Rec: 4:44.93 1/7/2023 Cady McPhail

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	195 Emma Brooke Levering	Homewood HS	5:02.41
2	320 Kennedy Hamilton	Mountain Bro	5:11.22
3	69 Mary Durham	Hewitt-Truss	5:11.36
4	314 Anna Erdberg	Mountain Bro	5:12.72
5	19 Mary Grace Parker	Briarwood Ch	5:15.86
6	349 Emelia White	Mountain Bro	5:15.95
7	97 Hadley Turner	Hewitt-Truss	5:18.50
8	520 Banks Bradford	Scottsboro H	5:24.47
9	215 Bailey Zinn	Homewood HS	5:27.89
10	522 Cambree Bradford	Scottsboro H	5:29.13
11	423 Hayley Datema	Oak Mountain	5:29.52
12	9 Allie Hale	Briarwood Ch	5:30.09
13	519 Mabry Bonsall	Scottsboro H	5:35.85
14	182 Lexie Fowlkes	Homewood HS	5:36.65
15	341 Caroline Russell	Mountain Bro	5:37.42
Section 2 of 2 Finals			
1	311 Francesca Demarco	Mountain Bro	5:40.70
2	198 Madelyn Luckianow	Homewood HS	5:41.19
3	18 Lena Anne Parker	Briarwood Ch	5:43.57
4	598 Hanna Sheffield	Thompson	5:46.30
5	517 Reese Avenel	Scottsboro H	5:49.03
6	92 Evelyn Robertson	Hewitt-Truss	5:51.76
7	51 Leah Anderson	Hewitt-Truss	5:51.91
8	297 Addie Bazemore	Mountain Bro	5:52.52
9	580 Alyssarae Bustamante	Thompson	5:52.63
10	434 Alison Mims	Oak Mountain	6:10.37
11	444 Anabelle Williams	Oak Mountain	6:15.82
12	595 Daniela Rangel - Loreda	Thompson	6:16.89
13	23 Anna Veal	Briarwood Ch	6:22.97
14	289 Eva Good	Indian Sprin	6:30.00
15	421 Bailey Cole	Oak Mountain	6:47.30
16	288 Harper Breitenfeld	Indian Sprin	6:50.00

Hump Day Octameet 2025 - 1/8/2025
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Event 28 Boys 1600 Meter Run

Wednesday 1/8/2025 - 4:00 PM

Meet Record: 4:12.51 1/12/2022 Rex Green
Crsplx Rec: 4:09.92 1/7/2023 Charles Perry

Lane	Name	School	Seed Time
Section 1 of 2 Finals			
1	470 John Shoemaker	Oak Mountain	4:17.61
2	458 Cooper Jeffcoat	Oak Mountain	4:21.09
3	400 Hudson Rukstalis-Willian	Mountain Bro	4:25.98
4	402 Ethan Schniper	Mountain Bro	4:28.29
5	358 Jack Chapman	Mountain Bro	4:31.57
6	380 Tate Hoffman	Mountain Bro	4:31.81
7	354 Brooks Bazemore	Mountain Bro	4:32.93
8	463 Luke Marvin	Oak Mountain	4:34.37
9	407 Joseph Spencer	Mountain Bro	4:35.40
10	134 Gabriel Knox	Hewitt-Truss	4:36.40
11	283 Wade Thomas	Homewood HS	4:37.39
12	142 Lelan Neal	Hewitt-Truss	4:38.89
13	292 Quinn Conroy	Indian Sprin	4:39.73
14	140 Jackson Morris	Hewitt-Truss	4:41.89
15	279 Charles Stone	Homewood HS	4:45.39

Section 2 of 2 Finals

1	136 Sawyer Lachina	Hewitt-Truss	4:46.32
2	276 Henry Siegel	Homewood HS	4:46.72
3	571 Brady Strickland	Scottsboro H	4:46.82
4	47 Whit Thornton	Briarwood Ch	4:46.83
5	448 Ryan Casey	Oak Mountain	4:49.22
6	161 Charlie Wood	Hewitt-Truss	4:50.05
7	552 Miles Hodges	Scottsboro H	4:50.52
8	452 Isaac Glorioso	Oak Mountain	4:50.61
9	544 Luke Barber	Scottsboro H	4:53.66
10	231 Jack Crabtree	Homewood HS	4:54.32
11	566 Hogan Richardson	Scottsboro H	4:54.92
12	31 Kolby Day	Briarwood Ch	4:56.35
13	472 Jacob Smitherman	Oak Mountain	5:04.87
14	507 Robert Lewis	Pelham	5:05.00
15	543 Andrew Barber	Scottsboro H	5:07.68
16	545 Armando Camacho	Scottsboro H	5:15.75

Event 19 Girls 400 Meter Dash

Wednesday 1/8/2025 - 4:00 PM

Meet Record: 59.18 1/10/2024 Lucy Benton
Crsplx Rec: 54.11 2/2/2019 Nicole Payne

Lane	Name	School	Seed Time
Section 1 of 4 Finals			
1	203 Claire Mitchell	Homewood HS	1:02.32
2	591 Jasiel Johnson	Thompson	1:01.98
3	68 Maggie Durham	Hewitt-Truss	1:01.26
4	78 Karis Hughes	Hewitt-Truss	1:00.77
5	577 Loen Boackle	Thompson	59.21
6	166 Madeline Alford	Homewood HS	1:00.17

Section 2 of 4 Finals

1	82 Elizabeth King	Hewitt-Truss	1:03.67
2	495 Emily Wester	Pelham	1:03.00
3	486 Monica Pettway	Pelham	1:02.96
4	202 Ada McElroy	Homewood HS	1:02.87
5	537 Lela Moser	Scottsboro H	1:02.40
6	54 Morgan Bell	Hewitt-Truss	1:02.45

Section 3 of 4 Finals

1	167 Caeten Armstead	Homewood HS	1:06.24
2	424 Ryan De Los Santos	Oak Mountain	1:05.76
3	429 Damiyah Hall	Oak Mountain	1:05.48
4	489 Janelle Ramos	Pelham	1:04.80
5	601 Amilia Walker	Thompson	1:04.25
6	329 Sydney Martin	Mountain Bro	1:04.46

Section 4 of 4 Finals

1	481 Jaiden Henderson	Pelham	1:11.02
2	23 Anna Veal	Briarwood Ch	1:10.00
3	416 Tameron Brown	Oak Mountain	1:08.18
4	350 Eva Worthen	Mountain Bro	1:07.36
5	432 Riley Leckemby	Oak Mountain	1:06.45
6	317 Anne Frances Kinney	Mountain Bro	1:06.65
7	15 Ava Mitchell	Briarwood Ch	1:15.00

Event 20 Boys 400 Meter Dash

Wednesday 1/8/2025 - 4:00 PM

Meet Record: 49.86 1/11/2023 Davis Lee
Crsplx Rec: 46.43 12/30/2017 Brian Herron

Lane	Name	School	Seed Time
Section 1 of 4 Finals			
1	635 Preston Tartt	Thompson	52.34
2	626 Jamieson Morrow	Thompson	51.55
3	369 Caleb Epstein	Mountain Bro	51.22
4	126 Shaw Helfrich	Hewitt-Truss	51.01
5	364 Owen Dayhuff	Mountain Bro	50.89
6	605 Jayden Alexander	Thompson	50.98

Section 2 of 4 Finals

1	621 Jordon Lawyer	Thompson	53.18
2	158 Simeon Watson	Hewitt-Truss	52.95
3	246 Dylan Griggs	Homewood HS	52.76
4	370 Turner Ezelle	Mountain Bro	52.57
5	232 Isaiah Davis	Homewood HS	52.41
6	257 Liam Linebaugh	Homewood HS	52.47

Section 3 of 4 Finals

1	456 Blake Harry	Oak Mountain	55.02
2	451 Lane Falone	Oak Mountain	54.70
3	35 Gavin Gurtis	Briarwood Ch	54.10
4	562 Roland Moser	Scottsboro H	54.03
5	139 Matthew McGuire	Hewitt-Truss	53.19
6	251 Davis Holly	Homewood HS	54.00
7	449 Clayton Cherry	Oak Mountain	55.05

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Section 4 of 4 Finals...(Event 20 Boys 400 Meter Dash)

1	294 Gus Watson	Indian Sprin	1:05.00	_____
2	293 Oliver Middleton	Indian Sprin	1:02.35	_____
3	557 Tyler Landreth	Scottsboro H	58.73	_____
4	563 Will Paradise	Scottsboro H	56.25	_____
5	164 Antonio Wynn	Hewitt-Truss	55.15	_____
6	450 Wes Dameron	Oak Mountain	55.23	_____
7	29 Tal Bono	Briarwood Ch	1:05.00	_____

Event 21 Girls 60 Meter Hurdles

Wednesday 1/8/2025 - 4:00 PM

Meet Record: 9.33 1/10/2024 **Trinity Williams**

Crsplx Rec: 8.33 12/15/2018 **Alia Armstrong**

Lane	Name	School	Seed Time	
Section 1 of 3 Finals				
1	331 Caroline McLean	Mountain Bro	10.98	_____
2	346 Raina Ulijasz	Mountain Bro	10.39	_____
3	482 Emma Grace Howard	Pelham	9.88	_____
4	99 Haven White	Hewitt-Truss	9.12	_____
5	20 Livi Reebals	Briarwood Ch	9.73	_____
6	78 Karis Hughes	Hewitt-Truss	10.16	_____
7	14 Blakeley Margene	Briarwood Ch	10.87	_____

Section 2 of 3 Finals				
2	328 Kate Martin	Mountain Bro	11.73	_____
3	49 Paulina Alamillo	Hewitt-Truss	11.34	_____
4	530 Rebekah Jones	Scottsboro H	11.08	_____
5	343 Stirling Stephens	Mountain Bro	11.25	_____
6	528 Bailey Hixon	Scottsboro H	11.34	_____

Section 3 of 3 Finals				
2	86 Seymone McClendon	Hewitt-Truss	13.32	_____
3	11 Millie Jackson	Briarwood Ch	12.02	_____
4	442 Cate Throckmorton	Oak Mountain	12.00	_____
5	291 Federica Le	Indian Sprin	12.00	_____
6	4 Avery Dixon	Briarwood Ch	13.10	_____

Event 22 Boys 60 Meter Hurdles

Wednesday 1/8/2025 - 4:00 PM

Meet Record: 7.65 1/10/2024 **Bradley Franklin**

Crsplx Rec: 7.49 1/27/2017 **Trey Cunningham**

Lane	Name	School	Seed Time	
Section 1 of 2 Finals				
1	374 John Hanson	Mountain Bro	9.70	_____
2	147 Colby Rankins	Hewitt-Truss	9.07	_____
3	515 Anthony Sanders	Pelham	8.51	_____
4	111 Dylan Cope	Hewitt-Truss	8.15	_____
5	285 Zaire White	Homewood HS	8.33	_____
6	108 William Bozeman	Hewitt-Truss	9.04	_____
7	275 Elliott Schmidt	Homewood HS	9.58	_____

Section 2 of 2 Finals				
2	465 Miller Norris	Oak Mountain	11.58	_____
3	359 Crawford Chester	Mountain Bro	10.28	_____
4	383 Kian Kelley	Mountain Bro	9.81	_____
5	262 Landon McKittrick	Homewood HS	9.92	_____
6	446 James Alexander	Oak Mountain	10.76	_____
7	459 Wallace Johnson	Oak Mountain	13.05	_____

Event 15 Girls 60 Meter Dash

Wednesday 1/8/2025 - 4:00 PM

Meet Record: 7.78 1/11/2023 **Brianna Beckham**

Crsplx Rec: 7.35 1/30/2022 **Micayah Holland**

Lane	Name	School	Seed Time	
Section 1 of 4 Finals				
1	601 Amilia Walker	Thompson	8.17	_____
2	83 Lexy Kouanvih	Hewitt-Truss	8.15	_____
3	428 Chrislyn Gray	Oak Mountain	8.08	_____
4	578 Cherish Brewer	Thompson	7.85	_____
5	75 Jayda Hammonds	Hewitt-Truss	8.06	_____
6	600 Jhaidyn Suggs	Thompson	8.14	_____
7	577 Loen Boackle	Thompson	8.16	_____
8	74 Emmie Goodell	Hewitt-Truss	8.17	_____

Section 2 of 4 Finals				
1	174 Keely Chadha	Homewood HS	8.42	_____
2	485 Jayana Miller	Pelham	8.38	_____
3	96 Aleah Taylor	Hewitt-Truss	8.33	_____
4	441 Jasmin Stokes	Oak Mountain	8.27	_____
5	480 Ariel Glenn	Pelham	8.32	_____
6	172 Kiersten Bryant	Homewood HS	8.37	_____
7	419 Savannah Clausell	Oak Mountain	8.39	_____
8	210 Joyden Taylor	Homewood HS	8.45	_____

Section 3 of 4 Finals				
2	2 Olivia Chang	Briarwood Ch	9.09	_____
3	208 Lauren Smiley	Homewood HS	8.58	_____
4	312 Meghan Donahue	Mountain Bro	8.56	_____
5	430 Abby Grace Harris	Oak Mountain	8.56	_____
6	491 Kayla Scott	Pelham	8.59	_____
7	530 Rebekah Jones	Scottsboro H	9.16	_____

Section 4 of 4 Finals				
2	12 Kate Jones	Briarwood Ch	10.00	_____
3	22 Alyssa Van Beuningen	Briarwood Ch	9.54	_____
4	528 Bailey Hixon	Scottsboro H	9.22	_____
5	529 Caroline Hodges	Scottsboro H	9.23	_____
6	28 Brooks Winter	Briarwood Ch	9.70	_____

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Event 16 Boys 60 Meter Dash

Wednesday 1/8/2025 - 4:00 PM

Meet Record: 6.94 1/10/2024 Bradley Franklin

Crsplx Rec: 6.70 12/19/2020 Jaylen Slade

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	111 Dylan Cope	Hewitt-Truss	7.18
2	126 Shaw Helfrich	Hewitt-Truss	7.15
3	614 Micah Fleming	Thompson	7.12
4	131 Michael Igbino ghene	Hewitt-Truss	6.96
5	638 Kayden Washington	Thompson	7.05
6	243 Tomon Felton	Homewood HS	7.14
7	623 Cameron McKenzie	Thompson	7.17
8	627 Darion Moseley	Thompson	7.21

Section 2 of 3 Finals

1	509 Kameron May	Pelham	7.42
2	462 Samuel Laney	Oak Mountain	7.38
3	39 Whit Parsons	Briarwood Ch	7.23
4	547 Quincie Franklin	Scottsboro H	7.22
5	379 Cayden Hofbauer	Mountain Bro	7.22
6	158 Simeon Watson	Hewitt-Truss	7.26
7	247 Jonas Harrison	Homewood HS	7.42
8	285 Zaire White	Homewood HS	7.50

Section 3 of 3 Finals

1	30 Campbell Crowe	Briarwood Ch	8.00
2	467 Tristan Perkins	Oak Mountain	7.76
3	457 Connor Howell	Oak Mountain	7.58
4	562 Roland Moser	Scottsboro H	7.51
5	271 Dylan Philpott	Homewood HS	7.55
6	471 Noah Sibbitt	Oak Mountain	7.62
7	497 Chimenum Ajinwo	Pelham	7.85
8	29 Tal Bono	Briarwood Ch	8.10

Event 25 Girls 800 Meter Run

Wednesday 1/8/2025 - 4:00 PM

Meet Record: 2:13.29 1/10/2024 Lucy Benton

Crsplx Rec: 2:08.68 1/16/2023 Cady McPhail

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	445 Catarina Williams	Oak Mountain	2:18.40
2	195 Emma Brooke Levering	Homewood HS	2:18.98
3	69 Mary Durham	Hewitt-Truss	2:20.32
4	349 Emelia White	Mountain Bro	2:20.40
5	426 Ava Fields	Oak Mountain	2:21.78
6	320 Kennedy Hamilton	Mountain Bro	2:22.34
7	314 Anna Erdberg	Mountain Bro	2:25.20
8	495 Emily Wester	Pelham	2:26.17
9	489 Janelle Ramos	Pelham	2:28.60
10	341 Caroline Russell	Mountain Bro	2:28.88
11	82 Elizabeth King	Hewitt-Truss	2:30.00
12	520 Banks Bradford	Scottsboro H	2:31.49

Section 2 of 3 Finals

1	215 Bailey Zinn	Homewood HS	2:32.52
2	522 Cambree Bradford	Scottsboro H	2:32.61
3	519 Mabry Bonsall	Scottsboro H	2:33.40
4	18 Lena Anne Parker	Briarwood Ch	2:35.00
5	580 Alyssarae Bustamante	Thompson	2:36.89
6	203 Claire Mitchell	Homewood HS	2:36.99
7	598 Hanna Sheffield	Thompson	2:37.53
8	182 Lexie Fowlkes	Homewood HS	2:38.01
9	92 Evelyn Robertson	Hewitt-Truss	2:39.00
10	311 Francesca Demarco	Mountain Bro	2:40.12
11	198 Madelyn Luckianow	Homewood HS	2:41.35
12	23 Anna Veal	Briarwood Ch	2:42.00

Section 3 of 3 Finals

1	51 Leah Anderson	Hewitt-Truss	2:43.00
2	517 Reese Avenel	Scottsboro H	2:43.77
3	297 Addie Bazemore	Mountain Bro	2:46.51
4	434 Alison Mims	Oak Mountain	2:47.23
5	289 Eva Good	Indian Sprin	2:50.00
6	595 Daniela Rangel - Lored	Thompson	2:51.07
7	492 Abigail Silwal	Pelham	2:52.82
8	478 Julia Reese Davis	Pelham	2:56.49
9	439 Campbell Robb	Oak Mountain	2:58.74
10	444 Anabelle Williams	Oak Mountain	2:58.98
11	15 Ava Mitchell	Briarwood Ch	3:00.00
12	288 Harper Breitenfeld	Indian Sprin	3:00.00
13	421 Bailey Cole	Oak Mountain	3:00.50

Event 26 Boys 800 Meter Run

Wednesday 1/8/2025 - 4:00 PM

Meet Record: 1:57.13 1/12/2022 Rex Green

Crsplx Rec: 1:49.60 1/27/2023 Alex Leath

Lane	Name	School	Seed Time
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Section 1 of 3 Finals

1	358 Jack Chapman	Mountain Bro	1:56.49
2	400 Hudson Rukstalis-Willian	Mountain Bro	1:58.01
3	222 Colvin Bussey	Homewood HS	1:58.97
4	232 Isaiah Davis	Homewood HS	1:58.98
5	380 Tate Hoffman	Mountain Bro	1:59.09
6	255 Foster Laird	Homewood HS	1:59.90
7	470 John Shoemaker	Oak Mountain	2:02.59
8	216 Ethan Bagwell	Homewood HS	2:02.81
9	155 Maddox Turner	Hewitt-Truss	2:03.00
10	151 Max Ryan	Hewitt-Truss	2:03.92
11	112 Charlie Crowson	Hewitt-Truss	2:04.00
12	157 James Watson	Hewitt-Truss	2:04.00

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Section 2 of 3 Finals...(Event 26 Boys 800 Meter Run)

1	142 Lelan Neal	Hewitt-Truss	2:04.00
2	279 Charles Stone	Homewood HS	2:04.00
3	402 Ethan Schniper	Mountain Bro	2:04.01
4	510 Mycah McWaters	Pelham	2:04.03
5	407 Joseph Spencer	Mountain Bro	2:04.99
6	134 Gabriel Knox	Hewitt-Truss	2:05.00
7	556 Mcgee Kilgore	Scottsboro H	2:05.36
8	251 Davis Holly	Homewood HS	2:06.00
9	452 Isaac Gloriosio	Oak Mountain	2:06.83
10	354 Brooks Bazemore	Mountain Bro	2:07.90
11	563 Will Paradise	Scottsboro H	2:07.94
12	507 Robert Lewis	Pelham	2:12.63

Section 3 of 3 Finals

1	448 Ryan Casey	Oak Mountain	2:12.72
2	544 Luke Barber	Scottsboro H	2:13.85
3	552 Miles Hodges	Scottsboro H	2:14.00
4	637 Nathan Wangombe	Thompson	2:15.17
5	566 Hogan Richardson	Scottsboro H	2:15.36
6	545 Armando Camacho	Scottsboro H	2:17.36
7	506 Kaleb Jones	Pelham	2:17.66
8	463 Luke Marvin	Oak Mountain	2:18.58
9	472 Jacob Smitherman	Oak Mountain	2:20.39
10	450 Wes Dameron	Oak Mountain	2:21.21
11	515 Anthony Sanders	Pelham	2:22.00
12	31 Kolby Day	Briarwood Ch	2:24.93
13	293 Oliver Middleton	Indian Sprin	2:30.00

Event 31 Girls 4x200 Meter Relay

Wednesday 1/8/2025 - 4:00 PM
Meet Record: 1:47.13 1/11/2023 Hewitt-Trussville HS
B Beckham, L Armstrong, H Tolbert, E Goodell
Crsplx Rec: 1:39.05 1/16/2023 Hoover
T Canada, J Chapman, D Luna, G Washington

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Oak Mountain		1:50.45
4	Pelham		1:49.57
5	Hewitt-Truss		1:47.18
6	Mountain Bro		1:48.87
Section 2 of 2 Finals			
2	Briarwood Ch	B	2:20.00
3	Scottsboro H		2:01.46
4	Briarwood Ch		2:00.00
5	Hewitt-Truss	B	1:52.18
6	Homewood HS		1:52.20

Event 32 Boys 4x200 Meter Relay

Wednesday 1/8/2025 - 4:00 PM
Meet Record: 1:31.83 1/11/2023 Hewitt-Trussville HS
N Thomas, J Kelly, D Hickman, T Reese
Crsplx Rec: 1:27.41 1/4/2025 Hoover
D Gardner, J Williams, C August, G Newton

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Scottsboro H		1:37.85
2	Hewitt-Truss	B	1:34.39
3	Homewood HS		1:33.95
4	Mountain Bro		1:33.41
5	Hewitt-Truss		1:29.39
6	Thompson		1:32.90

Event 29 Girls 3200 Meter Run

Wednesday 1/8/2025 - 4:00 PM
Meet Record: 11:16.99 1/10/2024 Mary Katherine Malone
Crsplx Rec: 10:32.94 2/6/2015 Amaris Tynnismaa

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	19 Mary Grace Parker	Briarwood Ch	11:17.91
2	97 Hadley Turner	Hewitt-Truss	11:27.75
3	344 Georgia Jayne Stuckey	Mountain Bro	11:30.00
4	9 Allie Hale	Briarwood Ch	11:54.20
5	102 Natalie Wiram	Hewitt-Truss	12:01.35
6	18 Lena Anne Parker	Briarwood Ch	12:14.53
7	436 Lissy O'Kelley	Oak Mountain	13:00.81

Event 30 Boys 3200 Meter Run

Wednesday 1/8/2025 - 4:00 PM
Meet Record: 9:27.75 1/12/2022 Evan Hill
Crsplx Rec: 8:53.17 1/15/2024 Ethan Edgeworth

Lane	Name	School	Seed Time
Section 1 of 1 Finals			
1	133 Noah Jordan	Hewitt-Truss	9:51.45
2	103 John Paul Amari	Hewitt-Truss	9:57.29
3	389 Oliver Mange	Mountain Bro	10:07.37
4	551 Carter Hodges	Scottsboro H	10:10.03
5	571 Brady Strickland	Scottsboro H	10:10.05
6	564 Kaden Price	Scottsboro H	10:10.08
7	395 William Morgan	Mountain Bro	10:12.44
8	376 Webb Hawley	Mountain Bro	10:30.00
9	292 Quinn Conroy	Indian Sprin	10:33.87
10	460 Zack Joyce	Oak Mountain	10:44.33
11	464 Braxton Noe	Oak Mountain	11:10.01

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Event 33 Girls 4x400 Meter Relay

Wednesday 1/8/2025 - 4:00 PM

Meet Record: 4:08.70 1/11/2023 Hewitt-Trussville HS

B Beckham, H Tolbert, A Fisher, A Cahoon

Crsplx Rec: 3:53.64 2/3/2024 Hoover

G Jones, M Blackledge, D Luna, T Canada

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Thompson		4:17.63 _____
4	Hewitt-Truss		4:12.80 _____
5	Homewood HS		4:05.00 _____
6	Mountain Bro		4:12.54 _____
Section 2 of 2 Finals			
3	Briarwood Ch		4:30.00 _____
4	Hewitt-Truss	B	4:22.80 _____
5	Oak Mountain		4:19.59 _____
6	Scottsboro H		4:22.50 _____

Event 34 Boys 4x400 Meter Relay

Wednesday 1/8/2025 - 4:00 PM

Meet Record: 3:25.97 1/11/2023 Thompson

T Johnson, C Hill, B Franklin, P Tartt

Crsplx Rec: 3:20.59 2/2/2019 Hoover

D Austin, Z Elam, J Fore, J Martin

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	Hewitt-Truss		3:39.42 _____
3	Thompson		3:31.98 _____
4	Mountain Bro		3:31.48 _____
5	Oak Mountain		3:29.48 _____
6	Homewood HS		3:29.95 _____
Section 2 of 2 Finals			
3	Scottsboro H		3:50.79 _____
4	Briarwood Ch		3:50.00 _____
5	Homewood HS	B	3:40.00 _____
6	Hewitt-Truss	B	3:49.42 _____