

**Alabama Vs South Indoor Indoor Championships 2023**  
**Crossplex Birmingham, Alabama**  
**Meet Program - Early Session Running**

**Event 321 4x800 Meter Relay 15-18 Mixed**

Friday 1/6/2023 - 9:00 AM

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Heritage Chr	B	NT
2	Heritage Chr	A	NT

**Event 17 60 Meter Dash 5-11 Girls**

Top 16 Advance by Time

Friday 1/6/2023 - 9:30 AM

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Prelims</b>				
3	Nelson, Ava		Kneeforspeed	9.72

**Event 18 60 Meter Dash 5-11 Boys**

Top 16 Advance by Time

Friday 1/6/2023 - 9:30 AM

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Prelims</b>				
5	Rogers, Ricky		Torrin Lawre	NT

**Event 19 60 Meter Dash 12-14 Girls**

Top 16 Advance by Time

Friday 1/6/2023 - 9:30 AM

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Prelims</b>				
3	Rees, Emma		Unattached	NT
4	Wilson, Kassidy		Kneeforspeed	NT
5	Fanchi, Ava		My Brother's	NT

**Event 20 60 Meter Dash 12-14 Boys**

Top 16 Advance by Time

Friday 1/6/2023 - 9:30 AM

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Prelims</b>				
4	Tynes, Eli		Knightrunner	NT
5	Pelovello, Kamil		Unattached	NT

**Event 21 60 Meter Dash 15-18 Girls**

Top 16 Advance by Time

Friday 1/6/2023 - 9:30 AM

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Prelims</b>				
2	Sorrell, Jada		Knightrunner	NT
3	McLean, Greta		Knightrunner	9.61
4	Okoye, Princess		Unattached	8.32
5	Rhoads, Esther		Knightrunner	8.64
6	Rogers, Jamia		Kneeforspeed	NT
7	Pugh, Kira		Knightrunner	NT

**Event 22 60 Meter Dash 15-18 Boys**

Top 16 Advance by Time

Friday 1/6/2023 - 9:30 AM

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Prelims</b>				
3	Nixon, Cooper		Knightrunner	NT
4	Okoye, Zion		Unattached	7.57
5	Powell, Eli		Knightrunner	7.89

**Event 24 60 Meter Dash 19-39 Men**

Top 16 Advance by Time

Friday 1/6/2023 - 9:30 AM

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Prelims</b>				
4	Campbell, Johnathan		Unattached	7.20
5	Russell, Thomas		Unattached	NT

**Event 25 60 Meter Dash 40-109 Women**

Top 16 Advance by Time

Friday 1/6/2023 - 9:30 AM

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Prelims</b>				
2	Turner, Loretta		Unattached	NT

**Event 26 60 Meter Dash 40-109 Men**

Top 16 Advance by Time

Friday 1/6/2023 - 9:30 AM

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 1 Prelims</b>				
4	Atherton, Rodney		Unattached	8.77
5	Zaid, Warshau		Unattached	6.80
6	Dunn, Durran		Unattached	7.05
7	Johnson, Dale		Unattached	NT

**Event 87 1500 Meter Run 12-14 Girls**

Friday 1/6/2023 - 9:50 AM

Lane	Name	Age	Team	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Cortez, Sophie		Heritage Chr	NT

**Event 89 1500 Meter Run 15-18 Girls**

Friday 1/6/2023 - 9:50 AM

Lane	Name	Age	Team	Seed Time
<b>Section 1 of 1 Finals</b>				
2	Bailey, Isabella		Heritage Chr	NT

**Event 88 1500 Meter Run 12-14 Boys**

Friday 1/6/2023 - 10:00 AM

Lane	Name	Age	Team	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Spiers, Gavin		Heritage Chr	NT

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**Event 90 1500 Meter Run 15-18 Boys**

Friday 1/6/2023 - 10:00 AM

Lane	Name	Age	Team	Seed Time
<b>Section 1 of 1 Finals</b>				
2	Stricker, Dallas		Heritage Chr	4:40.00
3	Garcia, Aiden		Heritage Chr	NT

**Event 101 1500 Meter Race Walk 12-14 Girls**

Friday 1/6/2023 - 10:30 PM

Lane	Name	Age	Team	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Cortez, Sophie		Heritage Chr	NT

**Event 29 400 Meter Dash 5-11 Girls**

Friday 1/6/2023 - 10:50 AM

Lane	Name	Age	Team	Seed Time
<b>Section 1 of 1 Finals</b>				
5	Nelson, Ava		Kneeforspeed	NT

**Event 30 400 Meter Dash 5-11 Boys**

Friday 1/6/2023 - 10:50 AM

Lane	Name	Age	Team	Seed Time
<b>Section 1 of 1 Finals</b>				
6	Garcia, Julian		Heritage Chr	NT

**Event 31 400 Meter Dash 12-14 Girls**

Friday 1/6/2023 - 10:50 AM

Lane	Name	Age	Team	Seed Time
<b>Section 1 of 1 Finals</b>				
4	Wilson, Cassidy		Kneeforspeed	NT

**Event 32 400 Meter Dash 12-14 Boys**

Friday 1/6/2023 - 10:50 AM

Lane	Name	Age	Team	Seed Time
<b>Section 1 of 1 Finals</b>				
5	Sechrengost, Austin		Heritage Chr	NT
6	Pelovello, Kamil		Unattached	NT

**Event 33 400 Meter Dash 15-18 Girls**

Friday 1/6/2023 - 10:50 AM

Lane	Name	Age	Team	Seed Time
<b>Section 1 of 1 Finals</b>				
3	Heath, Emma		Heritage Chr	NT
4	Spell, Braelyn		Heritage Chr	NT
5	Stephens, Jade		Knightrunner	1:10.79
6	Butler, Jazmine		Knightrunner	NT

**Event 34 400 Meter Dash 15-18 Boys**

Friday 1/6/2023 - 10:50 AM

Lane	Name	Age	Team	Seed Time
<b>Section 1 of 1 Finals</b>				
3	Lee, Clayton		Heritage Chr	NT
4	Garcia, Jaydin		Heritage Chr	NT
5	Batchelor, Robert		Unattached	56.00
6	Powell, Eli		Knightrunner	56.10

**Event 38 400 Meter Dash 40-109 Men**

Friday 1/6/2023 - 10:50 AM

Lane	Name	Age	Team	Seed Time
<b>Section 1 of 1 Finals</b>				
5	Dunn, Durran		Unattached	52.89
6	Yelverton, William		Unattached	58.97

**Event 301 4x200 Meter Relay 5-11 Mixed**

Friday 1/6/2023 - 11:20 AM

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
3	Heritage Chr	B	NT
4	Heritage Chr	A	NT

**Event 305 4x200 Meter Relay 15-18 Mixed**

Friday 1/6/2023 - 11:20 AM

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
5	Heritage Chr	A	NT
6	Heritage Chr	B	NT