

Southland Conference Indoor Championships 2021
Birmingham CrossPlex - 2/28/2021 to 3/1/2021
Meet Program - Sunday Running Events

Event 34 Indoor Pentathlon: #1 Women 60 Meter Hurdles**Sunday 2/28/2021 - 9:00 AM****Alternate lanes**

SLC Meet: 8.50 2006 Ryanne Dupree
 CrossPlex: 8.09 3/12/2016 Kendall Williams

Lane	Name	Yr	School	Seed Time
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Section 1 of 4 Finals

2	Natalie Louw	FR	Central Arka	NT
4	Madelyn McCabe	FR	SE Louisiana	NT
6	Makenna Schroeder	SO	Sam Houston	NT

Section 2 of 4 Finals

2	Grace Perez	SO	Houston Bapt	NT
4	Jennifer Peake	SO	Central Arka	NT
6	Kaitlin Smith	SR	Houston Bapt	NT

Section 3 of 4 Finals

2	Christiana Mudd	FR	Stephen F. A	NT
4	Megan Kirby	SR	Abilene Chri	NT
6	Parl Eelma	JR	Lamar	NT
8	Aleah Constantine	FR	Incarnate Wo	NT

Section 4 of 4 Finals

2	Madison Langlinais	FR	Houston Bapt	NT
4	Amy Ambelang	SO	Abilene Chri	NT
6	Alie Angelo	SR	Sam Houston	NT
8	Megan Lee	SO	Central Arka	NT

Event 17 Heptathlon: #1 Men 60 Meter Dash**Sunday 2/28/2021 - 9:15 AM**

SLC Meet: 6.93 2/24/2019 Rodney Littlejohn
 CrossPlex: 6.75 3/12/2016 Zach Ziemek

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

2	Tanner Day	SR	Sam Houston	NT
3	JJ Ply	JR	Abilene Chri	NT
4	Luke Anthony	JR	Central Arka	NT
5	Bryce Barbay	FR	Sam Houston	NT
6	Zhulien Monev	SO	McNeese Stat	NT
7	Denim Rogers	SR	Houston Bapt	NT

Section 2 of 2 Finals

1	Isaiah Hudgens	FR	Incarnate Wo	NT
2	Timon Dresselhaus	JR	Central Arka	NT
3	Asani Hylton	SR	Stephen F. A	NT
4	Scott Boon	JR	Houston Bapt	NT
5	Rylan Olguin	JR	Sam Houston	NT
6	Jorg Vanlierde	FR	Houston Bapt	NT
7	Jeremiah Gilliam	SO	Incarnate Wo	NT

Event 24 Women 5000 Meter Run**Sunday 2/28/2021 - 12:00 PM****2-alley start, 2-turn stagger****LAPPED RUNNERS PULLED OFF UNTIL 16 REMAIN**

SLC Meet: 16:26.46 2/21/2018 Rabea Schoneborn
 CrossPlex: 15:15.21 3/11/2016 Molly Seidel

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Pamela Kosgei	JR	McNeese Stat	NT
2	Irene Rono	SO	Abilene Chri	NT
3	Prudence Kiyeng	SO	Abilene Chri	NT
4	Alissa Lander	SR	McNeese Stat	NT
5	Lisa Flores	SR	Stephen F. A	NT
6	Meredith Clayton	SO	Stephen F. A	NT
7	Andrea Acuna	FR	Incarnate Wo	NT
8	Alana Blankenship	JR	Texas A&M-CC	19:36.57
9	Valentina Campos	SR	Texas A&M-CC	NT
10	Grace White	SO	Abilene Chri	NT
11	Cryslan Tucker	JR	Sam Houston	NT
12	Claire Crone	SR	Stephen F. A	NT
13	Kennedy Timmerman	JR	Central Arka	NT
14	Elsa Rijpstra	SO	Nicholls Sta	NT
15	Kelsey Ramirez	SR	Stephen F. A	NT
16	Arina Kleshchukova	SR	New Orleans	NT
17	Isabel Borrego	SO	Stephen F. A	NT
18	Bonnie Andres	SO	McNeese Stat	NT
19	Quin Johnson	SR	Texas A&M-CC	17:39.51

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Event 7 Men 5000 Meter Run

Sunday 2/28/2021 - 12:30 PM

2-alley start, 2-turn stagger

LAPPED RUNNERS PULLED OFF UNTIL 16 REMAIN

SLC Meet: 13:46.25 2011 David Rooney
CrossPlex: 13:37.39 1/24/2021 Christian Noble

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Kolyn Saltzman	JR	New Orleans	NT
2	Gideon Cheplak	SR	McNeese Stat	NT
3	Andrew Bosquez	SR	Sam Houston	NT
4	Henry Kiplagat	SR	McNeese Stat	NT
5	Dennis Kipngeno	SO	Texas A&M-CC	14:36.39
6	Harry Halford	JR	Lamar	NT
7	Bradley Makuvire	FR	SE Louisiana	NT
8	Andrew Gandy	JR	Texas A&M-CC	15:47.34
9	Eli Peveto	SO	Lamar	NT
10	Stephen Aguilar	SR	Houston Bapt	NT
11	Juan Salinas	JR	Texas A&M-CC	15:32.35
12	Kristian Oatman	SR	New Orleans	NT
13	Tristan Stellmach	SR	Texas A&M-CC	14:37.17
14	Jacob Kipkoge	SO	McNeese Stat	NT
15	Michael Urbina	SO	Stephen F. A	NT
16	Josh Dvorak	JR	Lamar	NT
17	Adam Cortez	SR	SE Louisiana	NT
18	Maximilian Nores	SO	Central Arka	NT
19	Shea Foster	JR	SE Louisiana	NT
20	Armando Villarreal	SO	Incarnate Wo	NT

Event 25 Women 60 Meter Hurdles

8 Advance: Top 2 Each Heat plus Next 0 Best Times

Sunday 2/28/2021 - 1:30 PM

Heat Winner + Next 4 on Time Advance to Finals

SLC Meet: 8.19 2014 Sabrina Starr
CrossPlex: 7.89 3/12/2016 Cindy Ofili

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
1	Kinnady Hawkins	FR	McNeese Stat	9.06
2	Kayla Scott	JR	Central Arka	NT
3	Kaitlin Smith	SR	Houston Bapt	8.67
6	Kaydi Pursley	FR	Abilene Chri	9.23
7	Devon Polk	JR	Texas A&M-CC	9.14
8	Jordan Hawkins	FR	Incarnate Wo	9.32
Heat 2 of 4 Prelims				
1	Tytiania Morrison	FR	Sam Houston	9.19
3	Aleah Constantine	FR	Incarnate Wo	9.58
4	Janae Phoenix	SO	Abilene Chri	9.21
5	Nevaeh Williams-Mcfarland	FR	Texas A&M-CC	9.62
6	Megan Kirby	SR	Abilene Chri	8.87
8	Omo Oboh	JR	Nicholls Sta	8.81

Heat 3 of 4 Prelims

1	Payton Kirk	JR	Abilene Chri	9.25
2	Aliyah Carswell	SO	Northwestern	9.25
3	Janiel Moore	JR	Northwestern	8.66
4	Kimberly Carr	SO	Sam Houston	9.06
6	Amy Ambelang	SO	Abilene Chri	9.14
7	Kaycee Brown	FR	Incarnate Wo	NT
8	Dennise Reyes	SR	Houston Bapt	NT

Heat 4 of 4 Prelims

1	Troynae Walker	JR	Nicholls Sta	9.22
3	Baylee Lara	SR	Sam Houston	8.96
4	Ayana Harris	SO	Central Arka	8.77
5	Keira Taylor-Mathis	JR	Incarnate Wo	10.90
7	Aysha Anderson	SR	Central Arka	9.15
8	Jadyn Wagner	FR	Texas A&M-CC	9.48

Event 8 Men 60 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Sunday 2/28/2021 - 1:50 PM

Heat Winner + Next 5 on Time Advance to Finals

SLC Meet: 7.75 2/25/2019 Fabian McCall
CrossPlex: 7.35 3/9/2019 Grant Holloway

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	Denzel Downing	JR	Sam Houston	8.07
3	Jeremy King	SO	Abilene Chri	8.27
4	Tanner Day	SR	Sam Houston	8.77
6	Garrett Gibson	JR	Houston Bapt	8.01
7	Candan Martin	FR	Incarnate Wo	8.60
8	Ketavion Humber	SO	Texas A&M-CC	8.30
Heat 2 of 3 Prelims				
1	Harrison Manuel	JR	Abilene Chri	8.17
2	Paul Martin	SO	Stephen F. A	7.98
3	Daniel Armstrong	JR	Texas A&M-CC	8.48
4	Ronnie Jackson	SO	McNeese Stat	8.33
5	Jamal January	JR	Abilene Chri	NT
7	Matheo Bernat	FR	Incarnate Wo	8.13
8	Torry Holmes	SO	New Orleans	NT
Heat 3 of 3 Prelims				
1	Dallas Williams	SO	Incarnate Wo	8.95
2	Ryan Bornemeier	SO	Abilene Chri	8.49
3	Jordan Atkins	SR	Central Arka	7.99
5	Timor Barrett	SR	Texas A&M-CC	8.21
7	Olufolabo Ogunyemi	FR	McNeese Stat	8.31
8	Denim Rogers	SR	Houston Bapt	8.10

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Event 18 Women 60 Meter Dash**8 Advance: Top 1 Each Heat plus Next 4 Best Times****Sunday 2/28/2021 - 2:10 PM****Heat Winner + Next 4 on Time Advance to Finals**

SLC Meet: 7.37 2/22/2018 Thai Williams
 CrossPlex: 7.07 3/3/2012 Gloria Asumnu

Lane	Name	Yr	School	Seed	Time
Heat 1 of 4 Prelims					
1	Ja'Lyric Giles	SO	New Orleans	7.84	_____
2	Aarika Lister	SO	Northwestern	7.57	_____
3	Indya Jackson	SO	SE Louisiana	NT	_____
4	London Fontenot	FR	Incarnate Wo	8.11	_____
5	Gabrielle Thomas	FR	Incarnate Wo	NT	_____
7	Sierra Temple	SO	Central Arka	7.71	_____
8	Jayla Fields	SO	Northwestern	7.99	_____
Heat 2 of 4 Prelims					
1	Amiya Matthews	SO	Nicholls Sta	8.17	_____
2	Dreunna Washington	SO	McNeese Stat	7.68	_____
3	Courtney Willis	SR	Lamar	NT	_____
4	Kaya Mack	FR	Texas A&M-CC	NT	_____
5	Sydne Porter	FR	Lamar	NT	_____
6	Taylor Mumford	JR	SE Louisiana	7.96	_____
7	Taylor Tolen	SR	Abilene Chri	7.65	_____
8	Destinee Jeanpiere	SR	SE Louisiana	7.97	_____
Heat 3 of 4 Prelims					
1	Keiondra Narcisse	SO	Nicholls Sta	7.98	_____
2	Shamarah Shannon	JR	New Orleans	7.64	_____
3	Zykirra Cabarras	FR	Lamar	NT	_____
4	Kierra Yarbrough	FR	Stephen F. A	7.88	_____
5	Malaiya Jenkins	JR	McNeese Stat	NT	_____
6	Tia Andrews	SO	McNeese Stat	7.68	_____
7	Kaitlin Denton	JR	New Orleans	8.11	_____
Heat 4 of 4 Prelims					
1	Lynelle Washington	FR	Northwestern	7.50	_____
2	Capri Wilson	FR	Texas A&M-CC	NT	_____
3	Wreagan Taylor	JR	Lamar	NT	_____
4	Kendelle McCoy	FR	Central Arka	7.72	_____
5	Lauryn Ceasar	FR	Incarnate Wo	7.84	_____
6	Kiara Bethley	JR	Nicholls Sta	8.05	_____
8	Aisha Johnson	FR	New Orleans	8.03	_____

Event 1 Men 60 Meter Dash**8 Advance: Top 1 Each Heat plus Next 3 Best Times****Sunday 2/28/2021 - 2:30 PM****Heat Winner + Next 3 on Time Advance to Finals**

SLC Meet: 6.64 2009 Teddy Williams
 CrossPlex: 6.47 3/12/2016 Ronnie Baker

Lane	Name	Yr	School	Seed	Time
Heat 1 of 5 Prelims					
1	Ashton Callahan	JR	Stephen F. A	6.94	_____
2	Emmanuel Olie	SR	Central Arka	7.05	_____
3	Kie'Ave Harry	JR	Northwestern	6.74	_____
4	James Grant	FR	New Orleans	7.05	_____
5	Le'Gari Daniels	SR	Abilene Chri	NT	_____
6	Mike Ford	JR	Lamar	NT	_____
8	Austin Simoneaux	SO	Northwestern	6.95	_____
Heat 2 of 5 Prelims					
2	Marquis Watson	SO	Incarnate Wo	NT	_____
3	Armonte Paulk	JR	SE Louisiana	6.96	_____
4	Stanley Williams	JR	Sam Houston	NT	_____
5	Reggie Wilford	SO	Northwestern	NT	_____
6	Julian Forde	FR	New Orleans	6.86	_____
7	Ismael Kone	SO	New Orleans	6.87	_____
8	Deon McIver	FR	Texas A&M-CC	7.04	_____
Heat 3 of 5 Prelims					
1	Joshua Raphael	SR	McNeese Stat	6.87	_____
3	DeVante Mount	FR	Incarnate Wo	7.00	_____
4	Jordan Atkins	SR	Central Arka	NT	_____
5	Kameron Quinn	FR	McNeese Stat	6.86	_____
6	Eric Callaway	JR	Sam Houston	7.04	_____
7	Dante Proctor	SO	Lamar	NT	_____
8	Addison Franklin	SO	Abilene Chri	NT	_____
Heat 4 of 5 Prelims					
1	Cole Brogger	FR	Lamar	NT	_____
2	Jordan Chopane	FR	Incarnate Wo	7.04	_____
3	Alec'zander Townsley	FR	Central Arka	7.31	_____
4	Wesley Suen	SO	Central Arka	6.96	_____
5	Brandon Letts	JR	Northwestern	6.82	_____
6	Javin Arrington	JR	Northwestern	6.89	_____
8	William Harris	FR	Abilene Chri	NT	_____
Heat 5 of 5 Prelims					
1	Harrison Manuel	JR	Abilene Chri	7.05	_____
2	Kavacion Webster	SO	Northwestern	6.96	_____
3	Bo Waldrup	JR	Lamar	NT	_____
4	Jack Marshall	FR	Abilene Chri	6.91	_____
6	Daveon Rodgers	SO	Northwestern	7.09	_____
7	Tre'Darius Carr	JR	Northwestern	6.82	_____
8	Matthew Madrey	FR	McNeese Stat	NT	_____

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Event 22 Women 1 Mile Run**10 Advance: Top 3 Each Heat plus Next 4 Best Times****Sunday 2/28/2021 - 2:50 PM****2-alley start; 2-turn stagger****Top Three in Heat + Next 4 on Time Advance****SLC Meet: 4:45.93 2/16/2016 Verity Ockenden****CrossPlex: 4:35.62 3/12/2016 Kaela Edwards**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	Rebeca Gonzalez	SR	Sam Houston	5:08.08
2	Anna Martin	SO	New Orleans	NT
3	Aurelia Jepakorir	JR	McNeese Stat	NT
4	Anna Dohmen	JR	New Orleans	5:08.22
5	Allie Louis	SR	New Orleans	5:15.51
6	Lara Reifers	JR	Nicholls Sta	NT
7	Ariana Jimenez	FR	New Orleans	NT
8	Sara Steimel	FR	Central Arka	5:20.48
9	Ciara Gilroy	JR	McNeese Stat	NT
10	Madison Henry	JR	Incarnate Wo	NT

Heat 2 of 2 Prelims

1	Ashlyn Royal	FR	Incarnate Wo	NT
2	Megan Nevlud	FR	Nicholls Sta	NT
3	Marissa Martinez	JR	Texas A&M-CC	5:47.45
4	Rachel Taylor	SO	Stephen F. A	NT
5	Briahna Gerlach	SR	Abilene Chri	NT
6	Tamara Reeves	SO	Central Arka	5:11.46
7	Madeline Marrone	JR	Incarnate Wo	NT
8	Sophie Daigle	SR	SE Louisiana	5:01.35
9	Kelsey Ramirez	SR	Stephen F. A	NT
10	Ivette Alcantar	JR	Incarnate Wo	5:10.66
11	Haley Thomas	SO	Sam Houston	5:35.17

Event 5 Men 1 Mile Run**10 Advance: Top 3 Each Heat plus Next 4 Best Times****Sunday 2/28/2021 - 3:10 PM****2-alley start; 2-turn stagger****Top Three in Heat + Next 4 on Time Advance****SLC Meet: 4:03.14 2014 Sam Stabler****CrossPlex: 3:59.41 1/10/2018 Brian Schrader**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	Julian Silva	SR	New Orleans	4:29.61
2	Matthew Hernandez	SR	Incarnate Wo	NT
3	Parker Jones	SO	Stephen F. A	NT
4	Cash Kunkel	JR	Incarnate Wo	NT
5	Lewis Mills	SO	Stephen F. A	NT
6	Jaden Forester	FR	New Orleans	4:16.70
7	Griffin Neal	FR	Incarnate Wo	NT
8	Dalton Page	FR	Sam Houston	4:24.62
9	Hunter Henderson	JR	Central Arka	4:19.24
10	Shea Foster	JR	SE Louisiana	NT
11	Joey Croft	JR	McNeese Stat	NT
12	Cooper Goggans	FR	Abilene Chri	NT

Heat 2 of 2 Prelims

1	Denis Lagat	JR	Abilene Chri	NT
2	Maxwel Kiplagat	JR	Abilene Chri	NT
3	Elias Loriposa	JR	McNeese Stat	NT
4	Aaron Gilliam	JR	McNeese Stat	NT
5	Nathan Perez	SO	Incarnate Wo	4:19.56
6	Markus Kopp	JR	McNeese Stat	NT
7	Yannik Gerland	JR	Northwestern	4:19.87
8	Neje Ferle	SR	Lamar	NT
9	Parker McBride	JR	SE Louisiana	4:15.56
10	Anthony Cordero	SR	SE Louisiana	NT
11	David Hidalgo	JR	New Orleans	NT

Event 20 Women 400 Meter Dash**Top 8 Advance by Time****Sunday 2/28/2021 - 3:30 PM****Two-section final; Preferred lanes 5-6-4-3****Top 8 on Time Advance****SLC Meet: 53.25 3/2/2020 Natasha Jackson****CrossPlex: 50.69 3/12/2016 Courtney Okolo**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 7 Prelims

3	Rhea Miles	SO	Incarnate Wo	NT
4	Anginique Andrews	JR	Nicholls Sta	1:00.44
5	Alexus Harris	FR	Northwestern	57.75
6	Jasmin Mitchell	SR	Sam Houston	NT

Heat 2 of 7 Prelims

3	Faith Outing	SO	Lamar	NT
4	Noriyah Johnson	SO	Abilene Chri	NT
5	Briana Land	SO	Nicholls Sta	1:01.18
6	Indya Jackson	SO	SE Louisiana	57.36

Heat 3 of 7 Prelims

3	Janiel Moore	JR	Northwestern	NT
4	Nissi Kabongo	SO	Stephen F. A	56.08
5	Mya Henson	SR	Abilene Chri	NT
6	Alexis Taylor	SO	New Orleans	1:03.58

Heat 4 of 7 Prelims

3	Erekha Sebastian	JR	Incarnate Wo	NT
4	Jadyn Wagner	FR	Texas A&M-CC	58.66
5	Larissa Manciaz	JR	Texas A&M-CC	58.06
6	Rylee Jordan	SO	Abilene Chri	NT

Heat 5 of 7 Prelims

3	Victoria Pierson	JR	McNeese Stat	NT
4	Yasmine Steele	FR	Texas A&M-CC	57.86
5	T'Anna Dawkins	FR	Texas A&M-CC	NT
6	Makalah Griffin	SR	Texas A&M-CC	1:00.41

Heat 6 of 7 Prelims

3	Janae Phoenix	SO	Abilene Chri	NT
4	Erin Wilson	SO	Northwestern	58.43
5	Diana Granados	SO	Northwestern	NT
6	Hailey Alcorn	JR	Nicholls Sta	58.41

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Heat 7 of 7 Prelims...(Event 20 Women 400 Meter Dash)

3	Makaylah Halstead	SO	Sam Houston	NT	
4	Savannah Walker	SO	Abilene Chri	NT	
5	Tyler Rose	SR	Central Arka	57.11	
6	Nia Maye	FR	Nicholls Sta	1:02.08	

Event 3 Men 400 Meter Dash**Top 8 Advance by Time****Sunday 2/28/2021 - 4:00 PM**

Two-section final; Preferred lanes 5-6-4-3

Top 8 on Time Advance

SLC Meet:	46.23	3/2/2020	Johnathan Sawyer
CrossPlex:	44.82	3/9/2019	Tyrell Richard

Lane	Name	Yr	School	Seed Time
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Heat 1 of 8 Prelims

3	Brian Raven	SO	Lamar	NT
4	Webster Slaughter	SR	Lamar	NT
5	Richard Kuykendoll	SO	Incarnate Wo	49.07
6	Jared Williams	SR	Abilene Chri	48.80

Heat 2 of 8 Prelims

3	Tristan Lavan	JR	Central Arka	49.93
4	Kennedy Harrison	FR	Northwestern	NT
5	Ethan Christian	SO	Abilene Chri	49.66
6	Muzuri Mattar	JR	Stephen F. A	47.52

Heat 3 of 8 Prelims

3	Ketavion Humber	SO	Texas A&M-CC	48.57
4	Jaylon Roberts	SO	Lamar	NT
5	Michael Simington	SO	Lamar	NT
6	Armonte Paulk	JR	SE Louisiana	49.14

Heat 4 of 8 Prelims

3	Cameron Brown	SO	Sam Houston	49.54
4	James Benson II	JR	SE Louisiana	NT
5	Benjamin Marshall	FR	Sam Houston	50.17
6	Leonardo Ledgister	FR	Texas A&M-CC	47.99

Heat 5 of 8 Prelims

3	Gerald Coleman	SR	New Orleans	49.21
4	Kobe Nevills	JR	McNeese Stat	NT
5	Timor Barrett	SR	Texas A&M-CC	48.49
6	Candan Martin	FR	Incarnate Wo	NT

Heat 6 of 8 Prelims

3	Miguel Flores	FR	Incarnate Wo	49.61
4	Auhmad Robinson	FR	Stephen F. A	47.65
5	Quadyr Tindal	SO	Incarnate Wo	NT
6	Shamal Sullivan	SO	Central Arka	50.13

Heat 7 of 8 Prelims

3	Dejon Blake	FR	Northwestern	49.53
4	Destine Scott	SO	Northwestern	48.36
5	Agerian Jackson	JR	SE Louisiana	NT
6	Erin Brown	FR	Sam Houston	50.59

Heat 8 of 8 Prelims

3	Christian Joseph	JR	Lamar	NT
4	Harrison Coleman	SR	New Orleans	48.90
5	Terrill Banks	JR	McNeese Stat	NT
6	Ebenezer Aggrey	FR	Northwestern	48.87

Event 21 Women 800 Meter Run**8 Advance: Top 2 Each Heat plus Next 4 Best Times****Sunday 2/28/2021 - 4:30 PM**

2-alley start; 2-turn stagger

Top Two in Heat + Next 4 on Time Advance

SLC Meet:	2:09.30	2/22/2018	Camry Grigsby
CrossPlex:	2:03.13	3/11/2016	Raevyn Rogers

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	Ivette Alcantar	JR	Incarnate Wo	NT
2	Eleana Callejas	SR	Nicholls Sta	NT
3	Zailey Chaffin	SO	Central Arka	2:23.71
4	Annie King	FR	Stephen F. A	2:22.59
5	LaSean Davis	SR	Stephen F. A	2:10.45
6	Kayla Warner	FR	McNeese Stat	2:22.27
7	Sandy Clarkin	JR	Sam Houston	NT
8	Anna Bommies	FR	Central Arka	2:27.93

Heat 2 of 2 Prelims

1	Maryn DeMaio	FR	Incarnate Wo	NT
2	Julia Garcia Verges	JR	Nicholls Sta	NT
3	Courtney Latham	FR	Abilene Chri	NT
4	Olivia Sipes	FR	Northwestern	2:20.89
5	Portia Harris	FR	Northwestern	2:37.73
6	Shania Anthony	JR	McNeese Stat	2:22.68
7	Brianna Nolen	JR	Stephen F. A	2:23.11
8	Jessica Rabius	JR	Houston Bapt	2:18.92

Event 4 Men 800 Meter Run**8 Advance: Top 2 Each Heat plus Next 4 Best Times****Sunday 2/28/2021 - 5:00 PM**

2-alley start; 2-turn stagger

Top Two in Heat + Next 4 on Time Advance

SLC Meet:	1:48.82	1990	Joseph Sainah
CrossPlex:	1:46.46	3/9/2019	Bryce Hoppel

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	Travis Jacobs	JR	Houston Bapt	1:58.68
2	Terry Robinson Jr.	FR	Central Arka	1:51.18
3	Justin Garcia	JR	Stephen F. A	1:55.54
4	Nathan Perez	SO	Incarnate Wo	NT
5	Thomas Daigle	SO	SE Louisiana	NT
6	Keenan Lawrence	JR	Texas A&M-CC	1:55.78

Heat 2 of 2 Prelims

1	Joe Austin III	SR	Sam Houston	1:57.45
2	Matthew Harding	JR	McNeese Stat	NT
3	Matthew Hernandez	SR	Incarnate Wo	NT
4	Jesse Applewhite	JR	Central Arka	1:54.62
5	Alec Snell	SO	New Orleans	1:51.89
6	Sam Fischer	FR	Central Arka	1:58.17

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Event 19 Women 200 Meter Dash**Top 8 Advance by Time****Sunday 2/28/2021 - 5:20 PM****Two-section final; Preferred lanes 5-6-4-3****Top 8 on Time Advance**

SLC Meet: 23.50 3/2/2020 **Natasha Jackson**
 CrossPlex: 22.47 3/12/2016 **Felicia Brown**

Lane	Name	Yr	School	Seed Time
Heat 1 of 10 Prelims				
3	Dreunna Washington	SO	McNeese Stat	NT
4	Erekha Sebastian	JR	Incarnate Wo	25.40
5	Savannah Walker	SO	Abilene Chri	NT
6	Destinee Jeanpiere	SR	SE Louisiana	26.22
Heat 2 of 10 Prelims				
3	Capri Wilson	FR	Texas A&M-CC	NT
4	London Fontenot	FR	Incarnate Wo	26.94
5	Jayla Fields	SO	Northwestern	24.97
6	Tyler Rose	SR	Central Arka	NT
Heat 3 of 10 Prelims				
3	Janiel Moore	JR	Northwestern	NT
4	Jemia Goree	SO	Sam Houston	25.60
5	Kierra Yarbrough	FR	Stephen F. A	25.98
6	Yasmine Steele	FR	Texas A&M-CC	NT
Heat 4 of 10 Prelims				
4	Shamarah Shannon	JR	New Orleans	24.61
5	Larissa Manciaz	JR	Texas A&M-CC	NT
6	Aisha Johnson	FR	New Orleans	NT
Heat 5 of 10 Prelims				
3	Ja'Lyric Giles	SO	New Orleans	26.14
4	Indya Jackson	SO	SE Louisiana	25.40
5	Lynelle Washington	FR	Northwestern	NT
6	Taylor Mumford	JR	SE Louisiana	NT
Heat 6 of 10 Prelims				
3	Taylor Tolen	SR	Abilene Chri	25.12
4	Tia Andrews	SO	McNeese Stat	NT
5	Keiondra Narcisse	SO	Nicholls Sta	26.30
6	Robyn Byrd	SR	Northwestern	NT
Heat 7 of 10 Prelims				
3	Zykirra Cabarras	FR	Lamar	NT
4	Kaya Mack	FR	Texas A&M-CC	NT
5	Jordan Hawkins	FR	Incarnate Wo	NT
6	Aarika Lister	SO	Northwestern	24.87
Heat 8 of 10 Prelims				
3	Diamond Milton	SO	Lamar	NT
4	Rhea Miles	SO	Incarnate Wo	26.08
5	Wreagan Taylor	JR	Lamar	NT
6	Kendelle McCoy	FR	Central Arka	25.50
Heat 9 of 10 Prelims				
3	Sydne Porter	FR	Lamar	NT
4	Alexus Harris	FR	Northwestern	NT
5	Laurny Ceasar	FR	Incarnate Wo	24.99
6	Kiara Bethley	JR	Nicholls Sta	26.80

Heat 10 of 10 Prelims

3	Kaycee Brown	FR	Incarnate Wo	NT
4	Mya Henson	SR	Abilene Chri	25.79
5	Victoria Pierson	JR	McNeese Stat	NT
6	Amy Ambelang	SO	Abilene Chri	25.75

Event 2 Men 200 Meter Dash**Top 8 Advance by Time****Sunday 2/28/2021 - 5:50 PM****Two-section final; Preferred lanes 5-6-4-3****Top 8 on Time Advance**

SLC Meet: 20.94 2/25/2019 **Jo'vaughn Martin**
 CrossPlex: 20.34 3/8/2019 **Divine Oduduru**

Lane	Name	Yr	School	Seed Time
Heat 1 of 10 Prelims				
3	Mike Ford	JR	Lamar	NT
4	Jordan Chopane	FR	Incarnate Wo	21.67
5	Ismael Kone	SO	New Orleans	22.12
6	Le'Gari Daniels	SR	Abilene Chri	NT
Heat 2 of 10 Prelims				
3	Marquis Watson	SO	Incarnate Wo	NT
4	Auhmad Robinson	FR	Stephen F. A	21.12
6	DeVante Mount	FR	Incarnate Wo	22.71
Heat 3 of 10 Prelims				
3	James Benson II	JR	SE Louisiana	NT
4	Ashton Callahan	JR	Stephen F. A	21.61
5	Quadyr Tindal	SO	Incarnate Wo	22.32
6	Kameron Quinn	FR	McNeese Stat	NT
Heat 4 of 10 Prelims				
3	Kie'Ave Harry	JR	Northwestern	NT
4	Jared Williams	SR	Abilene Chri	22.06
5	Eric Callaway	JR	Sam Houston	21.96
6	Austin Simoneaux	SO	Northwestern	NT
Heat 5 of 10 Prelims				
3	Miguel Flores	FR	Incarnate Wo	22.34
4	Tre'Darius Carr	JR	Northwestern	21.56
5	Julian Forde	FR	New Orleans	NT
6	William Harris	FR	Abilene Chri	NT
Heat 6 of 10 Prelims				
3	Cole Brogger	FR	Lamar	NT
4	Nathaniel McRae	SO	Sam Houston	21.78
5	Javin Arrington	JR	Northwestern	22.09
6	Kobe Nevills	JR	McNeese Stat	NT
Heat 7 of 10 Prelims				
3	Matthew Madrey	FR	McNeese Stat	NT
5	Bo Waldrup	JR	Lamar	NT
6	Jeremiah Curry	JR	Stephen F. A	20.97
Heat 8 of 10 Prelims				
3	Destine Scott	SO	Northwestern	21.46
4	Wesley Suen	SO	Central Arka	22.56
5	Joshua Raphael	SR	McNeese Stat	NT
6	Addison Franklin	SO	Abilene Chri	NT

Southland Conference Indoor Championships 2021
Birmingham CrossPlex - 2/28/2021 to 3/1/2021
Meet Program - Sunday Running Events

Heat 9 of 10 Prelims...(Event 2 Men 200 Meter Dash)

3	Armonte Paulk	JR SE Louisiana	NT	_____
4	Agerian Jackson	JR SE Louisiana	NT	_____
5	Jack Marshall	FR Abilene Chri	21.32	_____
6	James Grant	FR New Orleans	22.65	_____

Heat 10 of 10 Prelims

3	Emmanuel Olie	SR Central Arka	22.27	_____
4	Kennedy Harrison	FR Northwestern	21.66	_____
5	Richard Kuykendoll	SO Incarnate Wo	NT	_____
6	Dante Proctor	SO Lamar	NT	_____

Event 27 Women Distance Medley

Sunday 2/28/2021 - 6:20 PM

2-alley start; 2-turn stagger

SLC Meet: 10:49.14 1996 UT Arlington
CrossPlex: 10:53.43 3/11/2019 Oregan

A Gehrich, M Dunmore, S Ejore, C Okolo

Lane	Team	Relay	Seed Time	
Section 1 of 1 Finals				
1	Abilene Chri		NT	_____
2	McNeese Stat		NT	_____
3	Houston Bapt		NT	_____
4	Stephen F. A		NT	_____
5	Incarnate Wo		NT	_____
6	New Orleans		NT	_____
7	Sam Houston		NT	_____
8	Central Arka		13:35.57	_____
9	Nicholls Sta		NT	_____
10	SE Louisiana		NT	_____
11	Lamar		NT	_____
12	Texas A&M-CC		NT	_____

Event 10 Men Distance Medley

Sunday 2/28/2021 - 6:50 PM

2-alley start; 2-turn stagger

SLC Meet: 9:54.13 2014 Lamar
S. Guiney, C. Williams, A. Bennett, S. Stabler
CrossPlex: 9:27.27 3/11/2016 Oregon

M Maton, B Theil, G Grosvenor, C Chesereck

Lane	Team	Relay	Seed Time	
Section 1 of 1 Finals				
1	McNeese Stat		NT	_____
2	Abilene Chri		NT	_____
3	Stephen F. A		NT	_____
4	Houston Bapt		NT	_____
5	SE Louisiana		NT	_____
6	Incarnate Wo		NT	_____
7	Texas A&M-CC		NT	_____
8	Nicholls Sta		NT	_____
9	New Orleans		NT	_____
10	Central Arka		10:19.28	_____
11	Sam Houston		NT	_____
12	Lamar		NT	_____