

Southland Conference Indoor Championships 2021
Birmingham CrossPlex - 2/28/2021 to 3/1/2021
Meet Program - Monday Running Events

Event 17 Heptathlon: #5 Men 60 Meter Hurdles**Monday 3/1/2021 - 10:00 AM****Alternate lanes**

SLC Meet: 8.15 2004 Edwin Billot
 SLC Meet-tie: 8.15 2/25/2019 Denim Rogers
 CrossPlex: 7.86 3/12/2016 Bilah Abdullah

Lane	Name	Yr	School	Seed	Time
Section 1 of 4 Finals					
2	Bryce Barbay	FR	Sam Houston	NT	_____
4	Jorg Vanlierde	FR	Houston Bapt	NT	_____
6	Luke Anthony	JR	Central Arka	NT	_____
Section 2 of 4 Finals					
2	Isaiah Hudgens	FR	Incarnate Wo	NT	_____
4	JJ Ply	JR	Abilene Chri	NT	_____
6	Tanner Day	SR	Sam Houston	NT	_____
Section 3 of 4 Finals					
2	Denim Rogers	SR	Houston Bapt	NT	_____
4	Zhulien Monev	SO	McNeese Stat	NT	_____
6	Rylan Olguin	JR	Sam Houston	NT	_____
Section 4 of 4 Finals					
2	Timon Dresselhaus	JR	Central Arka	NT	_____
4	Asani Hylton	SR	Stephen F. A	NT	_____
6	Jeremiah Gilliam	SO	Incarnate Wo	NT	_____
8	Scott Boon	JR	Houston Bapt	NT	_____

Event 23 Women 3000 Meter Run**Monday 3/1/2021 - 1:30 PM**

2-alley start, 2-turn stagger -- No changes in sections due to scratches LAPPED RUNNERS REMOVED TO 16

SLC Meet: 9:30.98 2/17/2015 Jannika John
 CrossPlex: 8:57.86 3/12/2016 Molly Seidel

Lane	Name	Yr	School	Seed	Time
Section 1 of 2 Finals					
1	Meredith Clayton	SO	Stephen F. A	NT	_____
2	Katie Astin	SR	Lamar	NT	_____
3	Katy Whiteoak	SR	Lamar	NT	_____
4	Alissa Lander	SR	McNeese Stat	NT	_____
5	Amelia Bretz	FR	New Orleans	11:16.89	_____
6	Sarah Wagler	JR	Abilene Chri	NT	_____
7	Lisa Flores	SR	Stephen F. A	NT	_____
8	Sasha Elizondo	JR	Sam Houston	NT	_____
9	Prudence Kiyeng	SO	Abilene Chri	11:02.01	_____
10	Anna Martin	SO	New Orleans	11:05.56	_____
11	Lara Reifers	JR	Nicholls Sta	NT	_____
12	Haley Thomas	SO	Sam Houston	NT	_____
13	Tara Stuntz	SR	SE Louisiana	11:08.22	_____
14	Madeline Marrone	JR	Incarnate Wo	NT	_____
15	Madison Henry	JR	Incarnate Wo	NT	_____
16	Pamela Kosgei	JR	McNeese Stat	NT	_____
17	Cambria Clark	SO	Texas A&M-CC	NT	_____
18	Jazaline Ayala	FR	Lamar	NT	_____
19	Ciara Gilroy	JR	McNeese Stat	NT	_____
20	Ariana Jimenez	FR	New Orleans	NT	_____
21	Grace White	SO	Abilene Chri	10:42.79	_____
22	Mykayla Mims	FR	Lamar	NT	_____
23	Johanna Drews	JR	Houston Bapt	NT	_____
24	Megan Nevlud	FR	Nicholls Sta	NT	_____
25	Rebeca Gonzalez	SR	Sam Houston	NT	_____
Section 2 of 2 Finals					
1	Isabel Borrego	SO	Stephen F. A	10:20.81	_____
2	Irene Rono	SO	Abilene Chri	9:48.13	_____
3	Arina Kleshchukova	SR	New Orleans	NT	_____
4	Kennedy Timmerman	JR	Central Arka	10:26.06	_____
5	Elsa Rijpstra	SO	Nicholls Sta	NT	_____
6	Aurelia Jepkorir	JR	McNeese Stat	NT	_____
7	Sophie Daigle	SR	SE Louisiana	NT	_____
8	Tamara Reeves	SO	Central Arka	10:05.21	_____
9	Anna Dohmen	JR	New Orleans	NT	_____
10	Briahna Gerlach	SR	Abilene Chri	10:26.45	_____
11	Sara Steimel	FR	Central Arka	10:32.40	_____
12	Bonnie Andres	SO	McNeese Stat	NT	_____
13	Kelsey Ramirez	SR	Stephen F. A	9:54.39	_____
14	Rachel Taylor	SO	Stephen F. A	10:34.76	_____
15	Andrea Acuna	FR	Incarnate Wo	10:38.09	_____
16	Claire Crone	SR	Stephen F. A	10:18.34	_____
17	Quin Johnson	SR	Texas A&M-CC	NT	_____
18	Cryslan Tucker	JR	Sam Houston	10:22.12	_____
19	Valentina Campos	SR	Texas A&M-CC	NT	_____
20	Ashlyn Royal	FR	Incarnate Wo	10:35.61	_____

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Event 6 Men 3000 Meter Run

Monday 3/1/2021 - 2:00 PM

2-alley start, 2-turn stagger -- No changes in sections due to scratches LAPPED RUNNERS REMOVED TO 16

SLC Meet: 8:08.81 2008 Shadrack Songok
CrossPlex: 7:51.46 1/31/2021 Christian Noble

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Yannik Gerland	JR	Northwestern	NT
2	Conor Smith	JR	Lamar	NT
3	Denis Lagat	JR	Abilene Chri	9:05.43
4	Markus Kopp	JR	McNeese Stat	NT
5	Hunter Henderson	JR	Central Arka	NT
6	Cooper Goggans	FR	Abilene Chri	9:02.44
7	Aaron Gilliam	JR	McNeese Stat	NT
8	Caleb Calderon	SR	Nicholls Sta	NT
9	Dalton Page	FR	Sam Houston	NT
10	Julian Silva	SR	New Orleans	NT
11	Elias Loriposa	JR	McNeese Stat	NT
12	Hunter Haas	FR	Texas A&M-CC	9:35.02
13	Brandon Lantau	JR	Lamar	NT
14	Griffin Neal	FR	Incarnate Wo	NT
15	Josh Dvorak	JR	Lamar	NT
16	Juan Salinas	JR	Texas A&M-CC	NT
17	Gabe Hernandez	FR	Texas A&M-CC	9:09.45
18	Andrew Gandy	JR	Texas A&M-CC	NT
19	Nejc Ferle	SR	Lamar	NT
20	Declan Neary	JR	Lamar	NT
21	Stephen Aguilar	SR	Houston Bapt	8:52.11
22	Olari Livingston	SO	Nicholls Sta	NT
23	Michael Urbina	SO	Stephen F. A	NT
24	Kristian Oatman	SR	New Orleans	NT
25	Matthew Lara	JR	Texas A&M-CC	NT
26	Maxwel Kiplagat	JR	Abilene Chri	9:05.90
27	Jacob Kipkogei	SO	McNeese Stat	NT
28	Tristan Stellmach	SR	Texas A&M-CC	NT
29	Cash Kunkel	JR	Incarnate Wo	NT
30	Joey Croft	JR	McNeese Stat	NT

Section 2 of 2 Finals

1	Bradley Makuvire	FR	SE Louisiana	NT
2	Maximilian Nores	SO	Central Arka	8:21.52
3	Jaron Hamilton	SR	Central Arka	8:26.36
4	Dennis Kipngeno	SO	Texas A&M-CC	NT
5	Thomas Cain	JR	Central Arka	8:30.85
6	Jaden Forester	FR	New Orleans	NT
7	Adam Cortez	SR	SE Louisiana	NT
8	Lewis Mills	SO	Stephen F. A	8:45.04
9	Shea Foster	JR	SE Louisiana	NT
10	Armando Villarreal	SO	Incarnate Wo	8:36.08
11	Eli Peveto	SO	Lamar	NT
12	Anthony Cordero	SR	SE Louisiana	NT
13	Kolyn Saltzman	JR	New Orleans	8:40.94
14	David Hidalgo	JR	New Orleans	8:42.65
15	Parker Jones	SO	Stephen F. A	NT
16	Harry Halford	JR	Lamar	NT
17	Benjamin Drew	SR	Houston Bapt	8:50.94
18	Andrew Bosquez	SR	Sam Houston	NT
19	Gideon Cheplak	SR	McNeese Stat	NT
20	Henry Kiplagat	SR	McNeese Stat	NT

Event 26 Women 4x400 Meter Relay

Monday 3/1/2021 - 2:30 PM

4-section final, seeded by entry times

SLC Meet: 3:41.13 2/16/2016 Sam Houston St.

B McCall, C Grigsby, R Amaku, J Grady

CrossPlex: 3:28.27 3/12/2016 Texas

C Gordan, A Jones, M Akinosun, C Okolo

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
3	SE Louisiana		NT
4	Houston Bapt		NT
5	McNeese Stat		NT
6	Lamar		NT
Section 2 of 3 Finals			
3	Nicholls Sta		4:07.12
4	Abilene Chri		4:01.61
5	Central Arka		3:55.63
6	Sam Houston		3:58.70
Section 3 of 3 Finals			
3	Incarnate Wo		3:53.84
4	Texas A&M-CC		3:52.87
5	Stephen F. A		3:49.72
6	Northwestern		3:50.74

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Event 9 Men 4x400 Meter Relay

Monday 3/1/2021 - 2:50 PM

4-section final, seeded by entry times

SLC Meet: 3:08.97 2/16/2016 Southeastern Louisiana

D Lyons, M Bowleg, A Colebrook, A Riley

CrossPlex: 3:04.28 3/12/2016 LSU

C Grayson, L Bruton, M Cherry, F Dunkley

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
3	Houston Bapt		NT _____
4	Lamar		NT _____
5	SE Louisiana		NT _____
6	New Orleans		NT _____
Section 2 of 3 Finals			
3	Incarnate Wo		3:31.95 _____
4	Abilene Chri		3:25.95 _____
5	Sam Houston		3:18.85 _____
6	McNeese Stat		3:19.43 _____
Section 3 of 3 Finals			
3	Stephen F. A		3:16.76 _____
4	Central Arka		3:16.57 _____
5	Texas A&M-CC		3:14.71 _____
6	Northwestern		3:15.02 _____