

Gulf South Conference Indoor T&F Championships 2021

CrossPlex, Birmingham, AL - 2/24/2021

Meet Program - Running Events

Event 27 Women Distance Medley**Wednesday 2/24/2021 - 10:00 AM**

GSC Indoor R: 12:25.61 2/18/2020 Lee (Tenn.)

O McLain, J Whitaker, M Beeler, C Ritter

CrossPlex: 10:53.43 3/11/2019 Oregon

A Gehrich M Dunmore, S Ejore J Hull

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Montevallo		NT
2	Christian Br		NT
3	Alabama-Hunt		NT
4	Mississippi		12:19.76
5	Lee (Tenn.)		NT
6	West Georgia		13:06.49

Event 10 Men Distance Medley**Wednesday 2/24/2021 - 10:15 AM**

GSC Indoor R: 10:11.19 2/18/2020 Lee (Tenn.)

J Herzog, J McCain, E Sandifer, C Noble

CrossPlex: 9:27.27 3/11/2016 Oregon

M Maton, B Thiel, G Grosvenor, E Cheserek

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Christian Br		NT
2	Montevallo		NT
3	Alabama-Hunt		NT
4	Mississippi		NT

Event 24 Women 5000 Meter Run**Wednesday 2/24/2021 - 10:30 AM**

2-alley start; 2-turn stagger

GSC Indoor R: 17:42.41 2/19/2020 Kaylee Stewart

CrossPlex: 15:15.21 3/11/2016 Molly Seidel

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	McKenzie Hargrove	SR	Mississippi	18:21.33
2	Claudia Dassow	SO	Alabama-Hunt	18:53.87
3	Jazmin Hernandez	SO	Mississippi	17:15.67
4	Audrey Royer	JR	Lee (Tenn.)	NT
5	Justine Glass	SR	Montevallo	17:15.38
6	Kiarra Walters	SR	Montevallo	20:15.21
7	Kaylee Stewart	JR	Alabama-Hunt	17:25.51
8	Toni Moore	SR	Lee (Tenn.)	17:11.54
9	Chloe Flora	SR	Lee (Tenn.)	17:04.59
10	Samantha Byron	SO	Alabama-Hunt	NT
11	Courtney Keeler	SO	Montevallo	NT
12	Marion Bartilol	SR	West Georgia	19:50.67
13	Ana Watters	FR	Montevallo	NT
14	Olivia McLain	SO	Lee (Tenn.)	17:14.91
15	Johanna Wistokat	JR	Christian Br	18:10.10

Event 7 Men 5000 Meter Run**Wednesday 2/24/2021 - 11:20 AM**

2-alley start; 2-turn stagger

GSC Indoor R: 14:41.44 2/19/2020 Christian Noble

CrossPlex: 13:37.39 1/24/2021 Christian Noble

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Zach Howard	JR	Alabama-Hunt	15:44.66
2	Allan Anderson	SO	Alabama-Hunt	14:40.88
3	Adam Gomez	FR	Mississippi	15:38.11
4	Harold LaCroix	JR	Alabama-Hunt	14:38.27
5	Jacob Bishop	JR	Alabama-Hunt	14:59.08
6	Lane Tincher	SO	Montevallo	16:41.21
7	Kendall England	SO	Montevallo	NT
8	Gabe Poulin	JR	Mississippi	15:04.29
9	Drew Roberts	FR	Montevallo	16:05.44
10	Alex Herbst	SO	Alabama-Hunt	14:28.59

Event 18 Women 60 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times****Wednesday 2/24/2021 - 12:05 PM**

Top 2 in Heat + Next 2 on Time advance to Finals

GSC Indoor R: 7.65 2/19/2020 Chelsea Walker

CrossPlex: 7.07 3/3/2012 Gloria Asumnu

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Maureen Lee	SO	Mississippi	7.97
2	Samria Barnett	FR	West Georgia	8.53
3	Chelsie Burnett	FR	Alabama-Hunt	NT
4	Samantha Edetanlen	FR	West Georgia	8.42
5	Zakiria Holifield	FR	Alabama-Hunt	7.83
6	Kyleeyah Whitehead	FR	Lee (Tenn.)	7.98
7	Kira Montefusco	FR	West Georgia	7.87
Heat 2 of 3 Prelims				
1	Mia Culpepper	FR	West Georgia	NT
2	Hannah Dunston	FR	West Georgia	8.02
3	Sydney Goode	FR	Montevallo	8.31
4	Chelsea Walker	SR	Christian Br	NT
5	Bianca Browne	SO	Shorter	7.83
6	Kristen Blevins	JR	Lee (Tenn.)	7.94
7	Krystalynn Oatman	FR	Alabama-Hunt	7.89
Heat 3 of 3 Prelims				
1	Jasity White	FR	Alabama-Hunt	NT
2	Baylie Murphy	FR	Lee (Tenn.)	7.81
3	Daviona Williams	FR	Shorter	7.91
4	Ezra McCaw	JR	Mississippi	7.92
5	Jaila Whitaker	SO	Lee (Tenn.)	8.13
6	Laniya Rogers	SR	Shorter	8.23
7	Jasmyn Dorsey	FR	Shorter	NT

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Event 1 Men 60 Meter Dash**8 Advance: Top 2 Each Heat plus Next 2 Best Times****Wednesday 2/24/2021 - 12:15 PM****Top 2 in Heat + Next 2 on Time advance to Finals****GSC Indoor R: 6.90 2/18/2020 Kevin Turner****CrossPlex: 6.47 3/12/2016 Ronnie Baker**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Toluwayan Agbeyomi	FR	Shorter	7.09
2	Kevin Turner	SO	Shorter	6.88
3	Nate Boleware	SO	Montevallo	7.27
4	Ellis Cummings	FR	Shorter	7.22
5	Dorian Austin	SO	Alabama-Hunt	NT
6	Cameron Clark	SR	Alabama-Hunt	7.02

Heat 2 of 3 Prelims

2	Tristan Willis	FR	Shorter	NT
3	Avry Zow	FR	Montevallo	7.45
4	Rakeem Wilson	SR	Mississippi	7.00
5	TreMichael Jones	SR	Montevallo	7.17
6	Fabio Palmieri	FR	Mississippi	7.00
7	Nathan Grolleau	JR	Christian Br	7.12

Heat 3 of 3 Prelims

1	Trentavious Harris	JR	Shorter	7.08
2	Zechariah Williams-Brackett	JR	Montevallo	7.04
3	Tyrique Davis-Giles	SR	Alabama-Hunt	6.86
4	Lasteven Brown	SO	Montevallo	7.27
5	RJ Nelson	JR	Alabama-Hunt	7.23
6	Steven Soles	SR	Alabama-Hunt	NT

Event 25 Women 60 Meter Hurdles**Wednesday 2/24/2021 - 12:30 PM****Final on Time****GSC Indoor R: 8.66 2/19/2020 Chelsea Walker****CrossPlex: 7.89 3/12/2016 Cindy Ofili**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

3	Camielle Milledge	FR	Shorter	NT
4	Emika Miyamoto	SO	Alabama-Hunt	9.86
5	Madison Thome	FR	Alabama-Hunt	11.79
6	SheQuilla McClain	SR	Shorter	NT

Section 2 of 2 Finals

1	Liezl Theron	FR	Lee (Tenn.)	9.61
2	Monica Isabal	FR	Christian Br	9.07
3	Hannah Wright	FR	Lee (Tenn.)	8.92
4	Chelsea Walker	SR	Christian Br	8.74
5	Nadia Davila	SR	West Georgia	8.87
6	Tytavia Hardy	JR	Mississippi	8.97
7	Brooke Long	JR	Lee (Tenn.)	9.13
8	Nikki Mata	SO	Alabama-Hunt	9.73

Event 8 Men 60 Meter Hurdles**Wednesday 2/24/2021 - 12:40 PM****Final on Time****GSC Indoor R: 8.09 2/19/2020 Wilson McClain****CrossPlex: 7.35 3/9/2019 Grant Holloway**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

3	Aleister Self	FR	Montevallo	9.68
4	Trey McFarland	FR	Alabama-Hunt	8.98
5	Cortlin Allen	JR	Montevallo	9.59
6	Micah Flores	SO	Montevallo	10.05

Section 2 of 2 Finals

2	Samuel Groce	FR	Shorter	8.82
3	Caleb Long	SO	Montevallo	8.76
4	Wilson McClain	SO	Alabama-Hunt	7.90
5	Daviciea McCartney	SO	Mississippi	8.30
6	Omarian Clemons	SO	Shorter	8.76

Event 22 Women 1 Mile Run**Wednesday 2/24/2021 - 1:30 PM****2-alley start; 2-turn stagger****GSC Indoor R: 5:09.83 2/19/2020 Celine Ritter****CrossPlex: 4:35.62 3/12/2016 Kaela Edwards**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Taylor Engram	SO	Alabama-Hunt	5:37.50
2	Kendal Sparks	FR	West Georgia	6:02.00
3	Elizabeth Beckham	FR	Lee (Tenn.)	5:40.10
4	Isabella Rodriguez	SR	Christian Br	5:37.81
5	Lillian Welter	FR	West Georgia	6:10.91
6	Adela Belohlavova	FR	West Georgia	5:36.10
7	Lauren White	FR	Montevallo	5:51.90

Section 2 of 2 Finals

1	Marlee Mason	SR	Alabama-Hunt	5:32.00
2	Madeline Campbell	SR	Mississippi	5:22.35
3	Danielle Horter	FR	Lee (Tenn.)	5:13.01
4	Toni Moore	SR	Lee (Tenn.)	4:59.99
5	Emma Langley	SO	Mississippi	5:04.12
6	Ava Dickerson	FR	Mississippi	5:26.50
7	Emily Berry	FR	Mississippi	5:22.41
8	Jazmin Hernandez	SO	Mississippi	5:00.96
9	Amber Fisher	FR	Montevallo	5:31.58
10	Johanna Wistokat	JR	Christian Br	5:19.82
11	Caroline Hendon	FR	Montevallo	5:32.38
12	Elizabeth Heckman	FR	Lee (Tenn.)	5:31.65

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Meet Program - Running Events

Event 5 Men 1 Mile Run

Wednesday 2/24/2021 - 1:50 PM

2-alley start; 2-turn stagger;

GSC Indoor R: 4:14.09 2/19/2020 Christian Noble

CrossPlex: 3:59.41 1/10/2018 Brian Schrader

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Allan Anderson	SO	Alabama-Hunt	4:16.22
2	Joseph Leventry	JR	Montevallo	4:12.46
3	Jake Russell	SR	Mississippi	4:19.47
4	Hunter Nails	SR	Alabama-Hunt	4:08.51
5	Evan Del Rio	JR	Mississippi	4:13.85
6	James Cain	FR	Alabama-Hunt	4:50.70
7	Chris Webber	JR	Mississippi	4:26.69
8	Benjamin Knox	SR	Alabama-Hunt	4:22.98
9	Alex Ponce	SO	Alabama-Hunt	4:25.02

Event 20 Women 400 Meter Dash

Wednesday 2/24/2021 - 2:15 PM

Final on Time

GSC Indoor R: 56.01 2/19/2020 Amber Littlejohn

CrossPlex: 50.69 3/12/2016 Courtney Okolo

Lane	Name	Yr	School	Seed Time
Section 1 of 5 Finals				
4	Jordan Elder	FR	Shorter	NT
5	Christina Matthews	JR	Christian Br	1:07.53
6	Amari Winters	FR	West Georgia	NT
Section 2 of 5 Finals				
4	Meghan Beccera	SR	Mississippi	1:05.53
5	Ereyonna Gore	FR	Mississippi	1:01.86
6	Wiebke Rosemeyer	FR	Christian Br	1:03.46
Section 3 of 5 Finals				
3	Jamaya Rand	JR	Lee (Tenn.)	1:01.49
4	Nia Harris	FR	Shorter	1:01.31
5	Paishence Collier	SO	West Georgia	1:00.42
6	Kira Bochar	SR	Montevallo	1:00.87
Section 4 of 5 Finals				
3	Camielle Milledge	FR	Shorter	1:00.32
4	Oriana Gee	FR	Christian Br	1:00.17
5	Ezra McCaw	JR	Mississippi	59.63
6	Bree St. Julian	SO	West Georgia	59.90
Section 5 of 5 Finals				
3	Raeven Veal	SR	Christian Br	59.22
4	Nikki Mata	SO	Alabama-Hunt	58.77
5	Serenity Andrus	SR	Alabama-Hunt	56.52
6	Mikayla Beeler	SR	Lee (Tenn.)	58.42

Event 3 Men 400 Meter Dash

Wednesday 2/24/2021 - 2:35 PM

Final on Time

GSC Indoor R: 49.50 2/19/2020 Rakeem Wilson

CrossPlex: 44.82 3/9/2019 Tyrell Richard

Lane	Name	Yr	School	Seed Time
Section 1 of 4 Finals				
4	Matthew Manns	SR	Montevallo	NT
5	Nate Boleware	SO	Montevallo	NT
6	Ryan Janson	JR	Montevallo	NT
Section 2 of 4 Finals				
4	Octavious Buchannan	SO	Shorter	55.25
5	Tristan Abrams	FR	Alabama-Hunt	52.30
6	Timothy McCloud	SR	Alabama-Hunt	52.75
Section 3 of 4 Finals				
3	J'Brelin Cook	FR	Montevallo	52.28
4	Jalon Hall	FR	Montevallo	52.20
5	Armando Gay	JR	Christian Br	50.61
6	Dantavious Thomas	FR	Alabama-Hunt	50.63
Section 4 of 4 Finals				
3	Jaylen Jones	SR	Christian Br	50.35
4	Dalton Dempsey	SR	Mississippi	50.24
5	Fabio Palmieri	FR	Mississippi	49.37
6	Robert Grames	FR	Mississippi	49.45

Event 21 Women 800 Meter Run

Wednesday 2/24/2021 - 2:55 PM

2-alley start; 2-turn stagger

GSC Indoor R: 2:11.27 2/19/2020 Serenity Andrus

CrossPlex: 2:03.13 3/11/2016 Raevyn Rogers

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Lillian Welter	FR	West Georgia	NT
2	Caroline Hendon	FR	Montevallo	2:34.34
3	Sarah Delgado	SO	Christian Br	NT
4	Adela Belohlavova	FR	West Georgia	2:31.04
5	Pauline Wilson	FR	Christian Br	2:39.07
6	Caroline Ursprung	SO	Alabama-Hunt	2:29.33
7	Jodie Shusta	FR	Christian Br	2:34.70
8	Cameron Hudson	FR	West Georgia	2:39.28
Section 2 of 2 Finals				
1	Emily Berry	FR	Mississippi	2:24.87
2	Serenity Andrus	SR	Alabama-Hunt	2:12.46
3	Emma Langley	SO	Mississippi	2:16.91
4	Amber Fisher	FR	Montevallo	2:27.66
5	Lea Gray	SR	Christian Br	2:28.00
6	Erin Cannon	SO	Alabama-Hunt	2:18.55
7	Leslie Baxter	FR	Mississippi	2:25.03
8	Madeline Campbell	SR	Mississippi	2:26.39

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Event 4 Men 800 Meter Run

Wednesday 2/24/2021 - 3:15 PM

2-alley start; 2-turn stagger

GSC Indoor R: 1:53.89 2/19/2020 Leopold Stefanski
CrossPlex: 1:46.46 3/9/2019 Bryce Hoppel

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Denzel Bell	SO	Shorter	2:05.72
2	Jordan Hellier	FR	Shorter	2:10.83
3	Jacob Kachadorian	FR	Alabama-Hunt	2:04.61
4	Drew Kilgore	SO	Montevallo	2:01.81
5	John McCrackin	SR	Alabama-Hunt	NT
6	Joshua Jackson	JR	Montevallo	2:01.68
7	Darryl White	SR	Christian Br	2:03.92

Section 2 of 2 Finals

1	Sena Murray	SR	Christian Br	2:00.00
2	Adam Wallenfelz	SR	Alabama-Hunt	1:56.38
3	Bailey Herfurth	SR	Alabama-Hunt	1:54.37
4	Jake Russell	SR	Mississippi	1:52.96
5	Hunter Nails	SR	Alabama-Hunt	1:57.84
6	Chaney Holder	SO	Montevallo	1:57.38
7	Juan De La Rosa	FR	Christian Br	1:56.51
8	Leopold Stefanski	JR	Christian Br	1:55.86

Event 19 Women 200 Meter Dash

Wednesday 2/24/2021 - 3:35 PM

Final on Time

GSC Indoor R: 24.21 2/19/2020 Chelsea Walker
CrossPlex: 22.47 3/12/2016 Felicia Brown

Lane	Name	Yr	School	Seed Time
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Section 1 of 6 Finals

4	Laniya Rogers	SR	Shorter	NT
5	Nadia Davila	SR	West Georgia	NT
6	Sydney Goode	FR	Montevallo	NT

Section 2 of 6 Finals

4	Krystalynn Oatman	FR	Alabama-Hunt	NT
5	Samria Barnett	FR	West Georgia	29.13
6	Bree St. Julian	SO	West Georgia	NT

Section 3 of 6 Finals

3	Samantha Edetanlen	FR	West Georgia	27.69
4	Baylie Murphy	FR	Lee (Tenn.)	27.09
5	Daviona Williams	FR	Shorter	26.97
6	Nia Harris	FR	Shorter	26.99

Section 4 of 6 Finals

3	Chelsie Burnett	FR	Alabama-Hunt	26.96
4	Jaila Whitaker	SO	Lee (Tenn.)	26.92
5	Kira Montefusco	FR	West Georgia	26.47
6	Maureen Lee	SO	Mississippi	26.88

Section 5 of 6 Finals

3	Bianca Browne	SO	Shorter	26.45
4	Mikayla Beeler	SR	Lee (Tenn.)	26.39
5	Hannah Wright	FR	Lee (Tenn.)	25.99
6	Kristen Blevins	JR	Lee (Tenn.)	26.12

Section 6 of 6 Finals

3	Jasity White	FR	Alabama-Hunt	25.79
4	Ezra McCaw	JR	Mississippi	25.46
5	Chelsea Walker	SR	Christian Br	24.71
6	Zakiria Holifield	FR	Alabama-Hunt	25.10

Event 2 Men 200 Meter Dash

Wednesday 2/24/2021 - 3:55 PM

Final on Time

GSC Indoor R: 21.71 2/19/2020 Rakeem Wilson
CrossPlex: 20.34 3/8/2019 Divine Oduduru

Lane	Name	Yr	School	Seed Time
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Section 1 of 5 Finals

4	RJ Nelson	JR	Alabama-Hunt	NT
5	Avry Zow	FR	Montevallo	NT
6	Lasteven Brown	SO	Montevallo	NT

Section 2 of 5 Finals

4	Zechariah Williams-Brackett	JR	Montevallo	NT
5	Ellis Cummings	FR	Shorter	23.63
6	Elijah Williams	SO	Shorter	NT

Section 3 of 5 Finals

3	Timothy McCloud	SR	Alabama-Hunt	23.32
4	Dorian Austin	SO	Alabama-Hunt	23.09
5	Trentavious Harris	JR	Shorter	23.01
6	Toluwayan Agbeyomi	FR	Shorter	23.09

Section 4 of 5 Finals

3	Nathan Grolleau	JR	Christian Br	22.83
4	Dantavious Thomas	FR	Alabama-Hunt	22.73
5	Daviciea McCartney	SO	Mississippi	22.47
6	Kevin Turner	SO	Shorter	22.58

Section 5 of 5 Finals

3	Robert Grames	FR	Mississippi	22.44
4	TreMichael Jones	SR	Montevallo	22.25
5	Tyrique Davis-Giles	SR	Alabama-Hunt	21.77
6	Rakeem Wilson	SR	Mississippi	22.14

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Event 23 Women 3000 Meter Run

Wednesday 2/24/2021 - 4:20 PM

2-alley start; 2-turn stagger

GSC Indoor R: 10:06.14 2/18/2020 Celine Ritter
CrossPlex: 8:57.86 3/12/2016 Molly Seidel

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Jazmin Hernandez	SO	Mississippi	10:13.28
2	McKenzie Hargrove	SR	Mississippi	NT
3	Toni Moore	SR	Lee (Tenn.)	9:55.58
4	Adela Belohlavova	FR	West Georgia	11:39.34
5	Claudia Dassow	SO	Alabama-Hunt	11:20.77
6	Chloe Flora	SR	Lee (Tenn.)	9:39.56
7	Olivia McLain	SO	Lee (Tenn.)	9:57.93
8	Marion Bartilol	SR	West Georgia	11:01.15
9	Sarah Melkerson	JR	Montevallo	NT
10	Kathy Hammond	FR	Mississippi	10:37.18
11	Danielle Horter	FR	Lee (Tenn.)	10:09.57
12	Tatiana Padgett	SO	Alabama-Hunt	11:17.31
13	Kaylee Stewart	JR	Alabama-Hunt	10:02.44

Event 6 Men 3000 Meter Run

Wednesday 2/24/2021 - 4:45 PM

2-alley start; 2-turn stagger

GSC Indoor R: 8:30.79 2/18/2020 Christian Noble
CrossPlex: 7:51.46 1/31/2021 Christian Noble

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Will Clayton	SO	Christian Br	NT
2	Evan Del Rio	JR	Mississippi	8:20.23
3	Harold LaCroix	JR	Alabama-Hunt	8:24.05
4	Caleb Boys	SO	Alabama-Hunt	8:25.63
5	Gabe Poulin	JR	Mississippi	8:38.53
6	Allan Anderson	SO	Alabama-Hunt	8:28.93
7	Brayden Gonzalez	SO	Montevallo	9:44.39
8	Jacob Bishop	JR	Alabama-Hunt	8:27.17
9	Cole Benoit	FR	Mississippi	8:35.97
10	Joseph Leventry	JR	Montevallo	8:22.17
11	Alex Herbst	SO	Alabama-Hunt	8:22.92
12	Anderson Gray	SO	Montevallo	9:44.53
13	Makeye Contreras	FR	Montevallo	9:20.75

Event 26 Women 4x400 Meter Relay

Wednesday 2/24/2021 - 5:10 PM

GSC Indoor R: 3:54.93 2/19/2020 Lee (Tenn.)
M Beeler, K Blevins, J Allison, A Littlejohn
CrossPlex: 3:28.27 3/12/2016 Texas
C Gordan, A Jones, M Akinosun, C Okolo

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
4	Montevallo		NT
5	Shorter		4:22.46
6	West Georgia		NT

Section 2 of 2 Finals

3	Mississippi	4:14.85
4	Lee (Tenn.)	4:11.71
5	Alabama-Hunt	3:54.54
6	Christian Br	4:07.77

Event 9 Men 4x400 Meter Relay

Wednesday 2/24/2021 - 5:25 PM

GSC Indoor R: 3:20.02 2/19/2020 Christian Bros.
A Gay, J Jones, P Teruel, L Stefanski
CrossPlex: 3:04.28 3/12/2016 LSU
C Grayson, L Bruton, M Cherry, F Dunkley

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Shorter		NT
3	Montevallo		3:35.93
4	Mississippi		3:20.80
5	Alabama-Hunt		3:19.63
6	Christian Br		3:20.02