

Alabama Heat 5th Annual Regional Tune-Up 2020 - 7/11/2020

The Covid-19 Challenge

Choccolocco Park - Oxford Sports Complex

Meet Program - Walk Running Early

Event 106 Boys 1500 Meter Race Walk 9-10 Division

Saturday 7/11/2020 - 9:00 AM

| Lane | Name | Yr | Team | Seed Time |
|------------------------------|------------|----|--------------|-----------|
| Section 1 of 1 Finals | | | | |
| 1 | Emory Hill | 10 | Golden Elite | _____ |

Event 105 Girls 1500 Meter Race Walk 9-10 Division

Saturday 7/11/2020 - 9:00 AM

| Lane | Name | Yr | Team | Seed Time |
|------------------------------|-----------------|----|--------------|-----------|
| Section 1 of 1 Finals | | | | |
| 2 | Morgan Meadows | 10 | Tricity Yout | _____ |
| 3 | Aiyanna Carmona | 10 | Tricity Yout | _____ |

Event 107 Girls 1500 Meter Race Walk 11-12 Division

Saturday 7/11/2020 - 9:00 AM

| Lane | Name | Yr | Team | Seed Time |
|------------------------------|------------------|----|--------------|-----------|
| Section 1 of 1 Finals | | | | |
| 4 | Gamaiya Carmona | 09 | Tricity Yout | _____ |
| 5 | Angel Sanks | 09 | Tricity Yout | _____ |
| 6 | Mariah Woolridge | 09 | Tricity Yout | _____ |
| 7 | India Mikle | 08 | Unattached | _____ |

Event 109 Girls 1500 Meter Race Walk 13-14 Division

Saturday 7/11/2020 - 9:00 AM

| Lane | Name | Yr | Team | Seed Time |
|------------------------------|--------------------|----|--------------|-----------|
| Section 1 of 1 Finals | | | | |
| 1 | Tamea Craig | 07 | Tricity Yout | _____ |
| 2 | Dontrea Wilson | 07 | Unattached | _____ |
| 3 | Karmiyah Gillespie | 07 | Tricity Yout | _____ |
| 4 | Kirstien Lovejoy | 07 | Future Super | _____ |

Event 117 Women 1500 Meter Race Walk Open Masters

Saturday 7/11/2020 - 9:00 AM

| Lane | Name | Yr | Team | Seed Time |
|------------------------------|-----------------|----|--------------|-----------|
| Section 1 of 1 Finals | | | | |
| 5 | Erica Turner | 76 | Tricity Yout | _____ |
| 6 | Tonya Herring | 78 | Tricity Yout | _____ |
| 7 | Lakesha Meadows | 80 | Tricity Yout | _____ |
| 8 | Barbara Meadows | 78 | Tricity Yout | _____ |
| 9 | Tasha Morman | 80 | Tricity Yout | _____ |

Event 141 Boys 400 Meter Hurdles 15-16 years old

Saturday 7/11/2020 - 9:00 AM

| Lane | Name | Yr | Team | Seed Time |
|------------------------------|----------------|----|-------------|-----------|
| Section 1 of 1 Finals | | | | |
| 2 | Xavier Branker | 05 | Elite Track | _____ |

Event 142 Men 400 Meter Hurdles 17-18 years old

Saturday 7/11/2020 - 9:00 AM

| Lane | Name | Yr | Team | Seed Time |
|------------------------------|--------------------------|----|--------------|-----------|
| Section 1 of 4 Finals | | | | |
| 4 | Patrez Thomas | 03 | Adrenaline R | _____ |
| 6 | Dejon Laxton | 03 | Golden Elite | _____ |
| 8 | Christopher Bradey Wagar | 03 | Alabama Heat | _____ |
| Section 2 of 4 Finals | | | | |
| 2 | Colin French | 02 | Alabama Heat | _____ |
| 4 | Thomas Mercer | 02 | Unattached | _____ |
| 6 | Dylan Browder | 02 | Pure Elite | _____ |
| 8 | Jordan Fick | 02 | Unattached | _____ |
| Section 3 of 4 Finals | | | | |
| 2 | Thomas Rodgers Li | 02 | Max Speed El | _____ |
| 4 | Jacobi Gilbert | 03 | Alabama Heat | _____ |
| 6 | Andrew Finley | 03 | Unattached | _____ |
| 8 | Brody Ingram | 03 | Pure Elite | _____ |
| Section 4 of 4 Finals | | | | |
| 2 | Jakari Embry | 02 | Gadsden Burn | _____ |
| 4 | Amarion Morrison | 03 | Kentucky Eli | _____ |
| 6 | Eugene Vickers | 02 | Top End Trac | _____ |
| 8 | Torin Bright | 02 | Gadsden Burn | _____ |

Event 139 Girls 400 Meter Hurdles 15-16 years old

Saturday 7/11/2020 - 9:00 AM

| Lane | Name | Yr | Team | Seed Time |
|------------------------------|-----------------|----|--------------|-----------|
| Section 1 of 1 Finals | | | | |
| 2 | Sydney Harmon | 04 | Dynasty Trac | _____ |
| 4 | Jasmine Hampton | 05 | Throw 2 Win | _____ |

Event 140 Women 400 Meter Hurdles 17-18 years old

Saturday 7/11/2020 - 9:00 AM

| Lane | Name | Yr | Team | Seed Time |
|------------------------------|-----------------|----|--------------|-----------|
| Section 1 of 1 Finals | | | | |
| 6 | Kaan Oliver | 02 | Max Speed El | _____ |
| 8 | Michelle Mingus | 03 | Kentucky Eli | _____ |

Event 135 Girls 200 Meter Hurdles 13-14 Division

Saturday 7/11/2020 - 9:00 AM

| Lane | Name | Yr | Team | Seed Time |
|------------------------------|-------------------|----|--------------|-----------|
| Section 1 of 2 Finals | | | | |
| 2 | Ron-Niah Wright | 06 | Unattached | _____ |
| 4 | Kayleigh Stargell | 06 | Unattached | _____ |
| 6 | Grace Smith | 06 | Smyrna Elite | _____ |
| 8 | Aryanna Haynes | 07 | Middle Georg | _____ |
| Section 2 of 2 Finals | | | | |
| 2 | Zayla Purifoy | 06 | Golden Elite | _____ |
| 4 | Kensley Messer | 06 | Tricity Yout | _____ |

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Event 136 Boys 200 Meter Hurdles 13-14 Division

Saturday 7/11/2020 - 9:00 AM

| Lane | Name | Yr | Team | Seed Time |
|------------------------------|---------------|----|--------------|-----------|
| Section 1 of 1 Finals | | | | |
| 6 | Kevin Gaines | 07 | Unattached | _____ |
| 8 | Cole Sizemore | 06 | Kentucky Eli | _____ |

Event 251 Boys 4x100 Meter Relay 17-18 years old

Saturday 7/11/2020 - 9:00 AM

| Lane | Team | Relay | Seed Time |
|------------------------------|--------------|-------|-----------|
| Section 1 of 1 Finals | | | |
| 6 | Kentucky Eli | A | _____ |
| 8 | Gadsden Burn | A | _____ |

Event 246 Girls 4x100 Meter Relay 13-14 Division

Saturday 7/11/2020 - 9:00 AM

| Lane | Team | Relay | Seed Time |
|------------------------------|--------------|-------|-----------|
| Section 1 of 1 Finals | | | |
| 2 | Gadsden Burn | A | _____ |
| 4 | Tricity Yout | A | _____ |

Event 250 Girls 4x100 Meter Relay 17-18 years old

Saturday 7/11/2020 - 9:00 AM

| Lane | Team | Relay | Seed Time |
|------------------------------|--------------|-------|-----------|
| Section 1 of 1 Finals | | | |
| 2 | Gadsden Burn | A | _____ |
| 4 | Elite Track | A | _____ |
| 6 | Fast Feet fo | A | _____ |

Event 252 Women 4x100 Meter Relay Open Masters

Saturday 7/11/2020 - 9:00 AM

| Lane | Team | Relay | Seed Time |
|------------------------------|--------------|-------|-----------|
| Section 1 of 1 Finals | | | |
| 8 | Tricity Yout | A | _____ |

Event 245 Boys 4x100 Meter Relay 11-12 Division

Saturday 7/11/2020 - 9:00 AM

| Lane | Team | Relay | Seed Time |
|------------------------------|--------------|-------|-----------|
| Section 1 of 1 Finals | | | |
| 2 | Golden Elite | A | _____ |
| 4 | Metro City T | A | _____ |

Event 247 Boys 4x100 Meter Relay 13-14 Division

Saturday 7/11/2020 - 9:00 AM

| Lane | Team | Relay | Seed Time |
|------------------------------|--------------|-------|-----------|
| Section 1 of 1 Finals | | | |
| 6 | Fast Feet fo | A | _____ |

Event 249 Boys 4x100 Meter Relay 15-16 years old

Saturday 7/11/2020 - 9:00 AM

| Lane | Team | Relay | Seed Time |
|------------------------------|--------------|-------|-----------|
| Section 1 of 1 Finals | | | |
| 2 | Cobb Pal | A | _____ |
| 4 | Gadsden Burn | A | _____ |